



# PRESQUE ISLE CO. COUNCIL

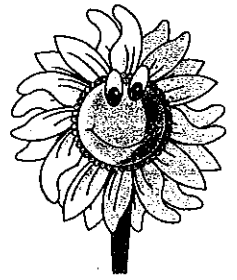
## ON AGING SENIOR NEWS

6520 Darga Hwy. Posen, MI 49776

989-766-8191

4203 S. Lynn St. Onaway, MI 49765

989-733-2559



Issue 320

[www.piccoa.org](http://www.piccoa.org)

### September 2011

Welcome September!

As of the date I am preparing this, I have survived nearly two full weeks as the new director. It has been challenging; but every time I receive a call or someone stops in my office and says "thank you", it makes all the stress worthwhile.

I have a few notes to share:

First, the Posen Potato Festival Dinner will be held on Saturday, September 10th from 1pm to 6pm. Please join us for a wonderful meal; details are inside this month's newsletter. If you are available, we could use a little more help peeling vegetables at the Posen Center the day before or we will gladly accept donations of baked goods for our bake sale during the Dinner. Call Meg or myself for details.

Secondly, although the heat of summer has passed us by, I hope, I wanted to make sure everyone knew about the

**AIR CONDITIONING  
AT THE POSEN CENTER!**

If it is too hot at home, stop in and rest a spell ~ or better yet, let us do the cooking too, and join us for soup at 4pm during the week followed by great meal.

Third, please mark your calendars for Friday, October 7th for the 2011 Presque Isle County Senior Health Fair. We are in the planning stages now and expect to offer a wonderful event again this year.

Fourth, just a reminder that Medicare Part D enrollment and reenrollment is coming up soon – watch for details or call Denise Parrott, our MMAP volunteer.

Finally, I'd like thank all of you for the warm welcome to my new position. I look forward to assisting seniors in our communities for many years to come.

Sincerely,

*Katie*  
Katie Kuznicki  
Director

**Happy September**

**Birthday's !!!**

Grace Mertz  
Walter Ponik  
Dennis Hall

James Flewelling  
Cornelius Haske  
Delores Zampich

Robert Mawn  
Joyce Konwinski

Marie Roluffs  
Kathryn Beard  
Regine Molski

Elmer Claus  
Edna Blanchard  
David Feaster  
Eva Feaster

Timothy Hammond

Frank McFalda  
Martha Misiak

Patrick Dagenais  
Hazel Buzzell

Teresa Wekwert  
Gilbert Young

[www.piccoa.org](http://www.piccoa.org)

A little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?"

"Sixteen," the boy responded.

His cousin was amazed that he had an answer so quickly. "How do you know that?" "Easy," the little boy said.

"All you have to do is add it up, like the Bishop said:

4 better, 4 worse,  
4 richer, 4 poorer."



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**PARTY**

## DID YOU KNOW?

This past July had 5 Fridays, 5 Saturdays and 5 Sundays. This happens only once every 823 years! Aren't we the lucky ones!

Just for fun...

Every time I find the meaning of life, they change it.

Lawyers really aren't so bad; it's just ninety-nine percent of lawyers that make the rest look bad.

If con is the opposite of pro, it must mean Congress is the opposite of progress.

The children of Israel wandered around the desert for 40 years. Even in biblical times, men wouldn't ask for directions.

Why isn't Mexico in the Olympics? Because everyone that can swim, jump, climb, and sprint are already over the Border...

"Sorry I can't take any more appointments today" said the dentist to a patient. "I already have 18 cavities to fill." Then he hung up, grabbed his golf bag and left.

Nothing political is correct.

I get enough exercise just pushing my luck!

I don't approve of political jokes...I've seen too many of them get elected.

I am a nobody, nobody is perfect, and therefore, I am perfect.

Never argue with a fool, they will lower you to their level, and then beat you with experience.

You have the right to remain silent. Anything you say will be misquoted, and then used against you.

A Drunk climbs on a bar stool and screams "All lawyers are sneaky thieves." A man stands up and says "Hey, I resent that remark." The drunk shouts back "Why are you a lawyer?" "No," says the man "I'm a sneaky thief."

In the first year of marriage, the man speaks and the woman listens. In the second year of marriage, the woman speaks and the man listens. In the third year of marriage, they both speak and the neighbors listen.

We spend the first twelve months of our children's lives teaching them to walk and talk and the next twelve telling them to sit down and shut up.

*Antrim Co. Commission on Aging*

## PREVENT FOOD BORNE DISEASES

- **Cook:** Meat, poultry, and eggs thoroughly.
- **Separate:** Don't cross-contaminate one food with another. Wash hands, utensils, cutting boards when they have come in contact with meat.
- **Chill:** Refrigerate leftovers immediately. Bacteria can grow quickly.
- **Clean:** Wash produce. Rinse fresh fruits and vegetables in running tap water to remove dirt and grime.
- **Report:** Call your local Health Dept. if you suspect food-borne illnesses. The local Health Dept. is an important part of the food safety system.

*Antrim Co. Commission on Aging*

## Recipes to Share...

Summer isn't over yet ~ here are some easy recipes to try when it is warm.

### Grilled BBQ Chicken Breast

#### Ingredients:

- 6 boneless skinless chicken breast halves
- 1 cup of your favorite barbecue sauce

#### Directions:

Place chicken on greased grill over medium coals. Grill chicken 7 to 8 minutes on each side or until cooked through, brushing frequently with barbecue sauce.

### Simple Spanish Rice

#### Ingredients:

- 1 lb. hamburger
- 1 large onion, sliced
- 1 medium green pepper, chopped
- 1 cup quick-cooking rice
- 2 teaspoons salt
- 2 teaspoons chili powder
- 1/8 teaspoon pepper
- 3 1/2 cups tomatoes, chopped

#### Directions:

Cook rice. Brown hamburger in large skillet. Add all other ingredients and mix well. Cover and let simmer for 30-35 minutes.

### Summer Vegetable Salad

#### Ingredients for Salad:

- 3 cups cauliflower
- 3 cups broccoli
- 1 cup green pepper
- 1 cup red pepper
- 1 cup raw onion
- 1 cup mushrooms

#### Ingredients for Dressing:

- 1/4 cup olive oil
- 2 teaspoons apple cider vinegar
- 2 teaspoons lemon juice

- 1/2 teaspoon salt
- 1/2 teaspoon ground basil
- 1/8 teaspoon cayenne pepper

#### Directions:

Wash and prepare vegetables. Cut cauliflower and broccoli into small florets. Cut the peppers into small strips and the onions into small chunks. Slice the mushrooms. Combine all vegetables in a large bowl.

Combine the dressing ingredients in a jar with a lid, shaking to combine. Pour over vegetables and toss to cover.

Refrigerate until ready to serve. (Swap out vegetables for your own personal favorites!)

### Chocolate Marshmallow Fudge

#### Ingredients:

- 2 cups semisweet chocolate pieces
- 1 - 14 ounce can sweetened condensed milk
- 1 teaspoon vanilla
- 1 cup quick or old-fashioned oats, uncooked
- 1 1/2 cups miniature marshmallows

#### Directions:

Melt chocolate pieces in the top of a double boiler (do not boil water). Remove from heat. Blend in milk and vanilla. Stir in oats and marshmallows. Spread in greased 9-inch square pan. Chill until firm. Cut into squares. Store in refrigerator.



## **Michigan Estate Recovery ~ Frequently Asked Questions!**

Compiled by Katie Kuznicki,  
Assistant Director

### *What is Medicaid Estate Recovery?*

Medicaid is a government program which utilizes taxpayer monies to help pay health care services as we age. This money can be used to keep us in our own homes or to assist us when we move into a nursing home if that best meets our needs. To help return some of the money spent, every state is required to have a Medicaid estate recovery program. If we have benefited from Medicaid, and when we die, the State of Michigan has the right to ask for some money back.

### *Does this affect me if I am on Medicare?*

Yes, even if you are currently on Medicare, at some point in your life, you may be switched to Medicaid. This most often occurs when you decide to move into a nursing facility.

### *What is an Estate?*

An estate is any property of value that a person leaves to his/her family when they die. Most often, an estate includes money, land or a house. However, only assets which are subject to probate court fall into the estate recovery program.

### *How does estate recovery work?*

When someone dies, the Michigan Department of Community Health will send a notice to an estate representative or family member. This notice will include a questionnaire which helps the State determine if it can reclaim monies from the estate of the deceased. If there are no exemptions or hardships which apply, then the MDCH will file a claim against the estate. Debts will be paid first, such as funeral costs, before Medicaid is repaid.

### *Are there situations when MDCH will not try to recover from my estate?*

Yes, Michigan Department of Community Health will not ask money back while any of the following still live in the house:

- A spouse
- A child under 21 years of age
- A blind or permanently and totally disabled child of any age
- Any survivor who cared for the deceased for more than two years immediately before being placed in a nursing facility
- A sibling who has an equity interest in the home who resided there at least one year immediately before being placed in a nursing facility

### *What if none of that applies, will MDCH file a claim against my home?*

If none of those apply, then the MDCH may file a claim IF:

- The cost of recovery does not exceed what is owed; or
- If the recovery would result in undue hardship.

### *What is undue hardship?*

An undue hardship application can be filed with the MDCH if

- The estate property is the sole-income of the beneficiaries, i.e. a family farm;
- The estate is a home of modest value; or
- Recovery would force the survivor to become or remain eligible for Medicaid.

### *Where can I get more information on the Michigan Estate Recovery Program?*

Health Management Systems, Inc. has contracted with the State of Michigan to implement this program. For more information on how this will work, or for specific personal questions, call toll-free (877) 791-0435 between 9am and 5pm Monday through Friday (except State of Michigan holidays) or send an email to [miestaterecovery@hms.com](mailto:miestaterecovery@hms.com).

## **Hello Everyone !**

Here are a few events being held this month and your chance to take the bus.

September 6<sup>th</sup> - Onaway Birthday  
September 10<sup>th</sup> - PICCOA's Posen  
Potato Dinner  
September 12<sup>th</sup> - Cheboygan Trip  
September 16<sup>th</sup> - Alpena Trip

Here is a little something I found,  
hope you find it interesting!

The year was 1974:  
Cost of Living: New House- \$34,900  
New Car-\$ 3,756  
Gasoline-\$.55 per gallon  
Movie Ticket-\$1.75  
Postage Stamp-.10  
Cost of Food: Eggs-.47 dozen  
Fresh Bread-.35 loaf  
Bacon-.89 per pound  
Vitamin D Milk-\$1.56 gallon  
Fads: Streaking, Earth Shoes, and  
String Bikinis.  
All I can say is Wow!!

Financial exploitation is the top financial complaint received by Elder Law of Michigan. In 2009 elder financial abuse was estimated to be at least \$2.6 billion. People taking advantage of seniors ranged from family members to friends to strangers (scam artists).

The person gains the trust of the senior and then they may borrow a small amount of money initially and then ask for larger amounts as time goes on and they never seem to repay the 'loan'. Or in the case of a family member they may have access to your bank account and they feel they have the right to the money because you don't need it and you'll be getting a check at the first of the month.

It's not up to you to prove that this form of abuse is occurring – leave it to the professionals.

Elder Law of Michigan Hotline:  
1-800-996-6228

Michigan Attorney General Health Care  
Fraud Hotline:  
1-800-242-2873

John, In-Home Services Coordinator.



**PICCOA - Posen has a free  
Hammond console model organ  
with bench and music for an area  
non-profit organization. If  
interested please contact Katie.**

## A closer look at Physical Therapy.

Submitted by Rogers City Physical Therapy

You've probably have heard of physical therapy. Maybe a family member or friend has been treated by a physical therapist to help with back pain or recover from an injury or surgery. But, who are physical therapists (PT), and what do they do?

Physical therapists are experts in the examination and treatment of problems related to **muscles, nerves, and joints** – conditions that limit people's ability to move and live as they wish. Physical therapy can restore or increase strength, range of motion, flexibility, coordination and endurance- as well as reduce pain. But their most important role is to get the patients back to their daily activities.

The most common reasons patients choose to see physical therapists are:

- Orthopedic Injuries/Surgeries
- Sports Related Injuries
- Total Knee Replacement
- Total Hip Replacement
- ACL Reconstruction
- Rotator Cuff Surgeries
- Sacroiliac (SI) Dysfunction
- Low Back Pain
- Neck Pain
- Headaches
- Vestibular Disorders
- Tendonitis
- Balance & Coordination Disorders
- Orthotics
- Work Related Injuries
- Arthritis
- Carpal Tunnel
- Hip Fractures
- Knee Pain
- Shoulder Dislocation
- Sprains and Muscle Strains
- Plantar Fasciitis
- Sciatica
- Vertigo
- Pelvic Pain
- Incontinence
- Osteoporosis
- Weight Management/Wellness/Fitness

**Physical therapists - experts in the aging process.**

Physical therapy intervention may prevent life long disability and restore the highest level of function.

"Normal aging need not result in pain and decrease physical mobility," said Arika Berg, Physical Therapist at Rogers City Physical Therapy. "As Physical Therapists, we are highly trained to understand these changes and offer assistance for regaining lost abilities or developing new ones."


"The majority of our patients at NMSMC are over the age of 45," continues Berg. "Our expert therapy staff, working with older adults, understands the anatomical and physiological changes that occur with normal aging. We evaluate and develop a specially designed therapeutic exercise program."

Through the use of test, evaluation, exercises, treatments with modalities, screening programs and educational information, Physical Therapists:

- Increase, restore or maintain range of motion, physical strength, flexibility, coordination, balance and endurance
- Recommend adaptations to make the home accessible and safe
- Teach positioning, transfers and walking skills to promote maximum function and independence within an individual's capability
- Increase overall fitness through exercise programs
- Prevent further decline in functional abilities through education, energy conservation techniques, joint protection and use of assistive devices to promote independence
- Improve sensation, joint proprioception
- Reduce pain

Rogers City Physical Therapy offer consultations and screenings to help answer your questions about how our Physical Therapists can help you!

**YOUR HOMETOWN  
PHYSICAL THERAPY CHOICE**



**YOU  
have a  
choice**  
for physical  
therapy  
in Rogers City.

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505 N Bradley Highway

**Rogers City  
PHYSICAL THERAPY**

***Join us for the annual***

**Posen Potato Festival Dinner**

**St. Casimir's Gym  
Posen, Michigan**

**Saturday, September 10, 2011  
1pm to 6pm**

**Bake sale  
&  
hourly 50/50 drawings!**

***Bus from Onaway area available –  
call Meg today!***

***See you at the festival!***





# Presque Isle Co. Council on Aging Menu



## September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Federal and State dollars only cover a portion of the meals we provide. Donations are important to PICCOA. Dinner is a suggested donation of \$2.50 for 60 and over. The meal cost is \$5.00 for under 60. Menu subject to change due to availability of food. Weekday meals served at 5:00. Soup at 4:30 both sites. Sunday Meal, Onaway 1:00 Soup, Salad & Dessert Bar 12-12:45. Posen Meal 4:00 Soup, Salad & Dessert Bar 3-3:45

1  
Cook's Choice

**Rygwelski's IGA**  
**Finest Homemade Sausage**  
**IGA Tablerite Meats**  
**495 S. First Street**  
**Rogers City, MI 49779**  
**1-888-KABASA**  
**989-734-3248**

\*\*\*\*\*

**Tom's Family Market & Deli**  
**Best Meat and Produce in Town**  
**Deliveries Made Daily**  
**29579 State St.**  
**Onaway, MI 49765**  
**989-733-8229**  
**Pharmacy**  
**989-733-4106**  
**Mon.-Fri.**

4 Closed	5 Closed Labor Day	6 Sloppy Joe Oven Brown Potatoes Peas Pears	7 Cook's Choice	8 Goulash Peas & Carrots Salad Apricots
11 Closed	12 Fish Rice Green Beans Tropical Fruit	13 Meatballs Mashed Potatoes Wax Beans Peaches	14 BBQ Pork Patty Oven Brown Potatoes Winter Blend Coleslaw Applesauce	15 Chicken Pot Pie Mixed Veg. Coleslaw Mandarin Oranges
18 Baked Ham Boiled Potatoes Beets Strawberries	19 Corn Dog Potato Salad Green Beans Peaches	20 Beef Stroganoff Noodles Coleslaw Applesauce	21 Salisbury Steak Scalloped Potatoes Beets Pineapple	22 Fish American Fries Winter Blend Pears
25 Crispy Chicken Mashed Potatoes Baked Beans Pineapple	26 Swiss Steak Boiled Potatoes Carrots Mixed Fruit	27 Country Fried Steak Mash. Potatoes Summer Squash Mandarin Oranges	28 BBQ Pork Oven Brown Potatoes Mixed Veg. Pears Tossed Salad	29 Sausage American Fries Peas & Carrots Applesauce

**Festival Dinner**  
**St. Casmir's School**  
**Sept. 10th**  
**1 -6 pm**

# Presque Isle Co. Council on Aging Activities

## September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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**PICCOA Bus Schedule**

Onaway Tuesday 9:am- 3:30 Call Marilyn @ 989-733-2559

Bus in Rogers City

Monday 9:00am-3:pm

Tue., Wed., Thur., & Fri.8:00am-4:00pn

Call Meg @ 989-766-8191

					1 Onaway 5 Meal Draw	2 Closed	3
4 Closed	5 Closed	6 Onaway Birthday No Bingo ***** Huron Beach 1:00pm	7	8 CSFP Commodities ***** Onaway Bake Sale 9:00am	9	10 Festival Dinner at St. Casimir's Gym. 1:00-6:00pm	
11 Closed	12 Cheboygan Bus	13 Huron Beach 1:00pm	14	15	16 Alpena Bus Trip	17	
18 Presque Isle Clubhouse 1:00pm	19	20 Huron Beach 1:00pm	21	22	23	24	
25	26	27 Huron Beach 1:00pm	28	29	30		

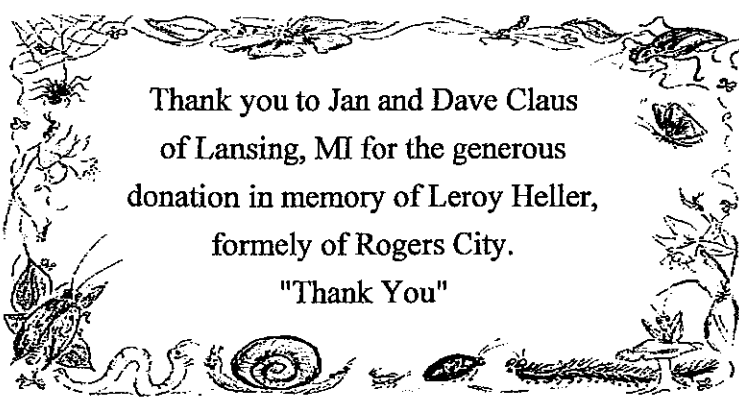
Onaway Site News

It is time for the Potato Festival Bake Sale again.

It will be on Thursday Sept. 8th from  
9:00- 5:00 in Onaway. We can always use  
Baked Goods or a monetary donation to help out.  
We need your support for the Bake Sale to make  
it a success.

Our Birthday Party will be on Tuesday Sept. 6th.  
There will not be Bingo that day. We will have  
Bingo again starting in October

The 5 meal draw winner for August was  
Cecil Peterman" Congratulations"  
Marilyn



Thank you to Jan and Dave Claus  
of Lansing, MI for the generous  
donation in memory of Leroy Heller,  
formely of Rogers City.  
"Thank You"

**Know your Congress**

**Senator Carl Levin (D-MI)**

**DC Phone 202-224-6221**

**DC Fax 202-224-1388**

**Senator Debbie Stabenow (D-MI)**

**DC Phone 202-224-4822**

**DC Fax 202-228-0325**

**Representative Dan Benishek( R)**

**DC Phone 202-225-4735**

**DC Fax 202-225 4710**

**Senator Howard Walker (37th)**

**Phone 517-373-2413**

**Fax 517- 373-5144**

**Newsletter Subscription: Presque Isle Senior News**

**October 1, 2011 thru September 30, 2012**

**Send \$5.00 to help cover the cost of mailing:**

**PICCOA, 4203 S. Lynn Street, Onaway, MI 49765**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

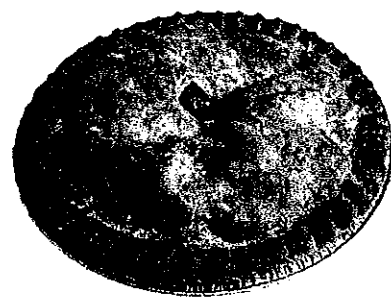
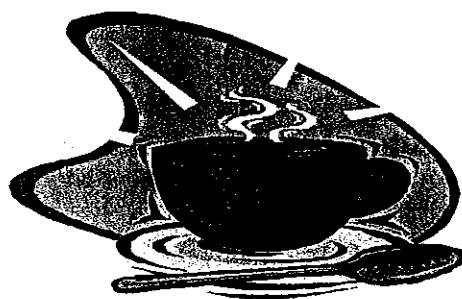
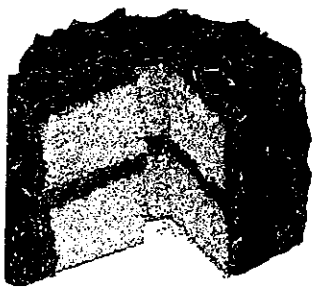
Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Birthday : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Spouses Name \_\_\_\_\_ Birthday: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Date Received: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Paid: \$ \_\_\_\_\_ Check No. \_\_\_\_\_



**Marilyn's  
Potato Festival**

**Bake Sale**

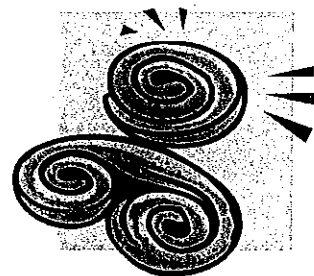
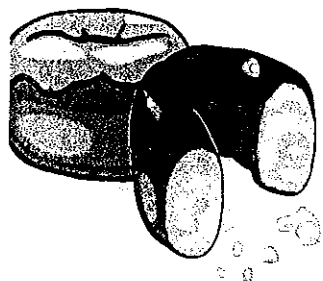
**Thursday**

**September 8th. 9:00 am**

**Onaway Senior Center**

**All kinds of**

**Baked Goods**



Free Printable Word Search Puzzles

Elvis

Find and circle all of the words, names, songs, and movies that have to do with Elvis.  
The remaining letters spell a line from an Elvis song.

U O Y N O K C U T S C L A M B A K E Y O  
 G N I K E H T R O C K A B I L L Y U C B  
 D N I A R Y K C U T N E K A S N D O A L  
 O S N Y E G O D D N U O H D T H B S L U  
 N A R E T U R N T O S E N D E R U D E E  
 T G U I S V G I N G T I B J G A R R T H  
 B E O R I E U Y A T M U A L O L N O O A  
 E V Y A S R C C R S A I P Y O L I C H W  
 C S T M E N R O U A L O R E D S N E K A  
 R A O A L O F O L H T E K S L H G R A I  
 U L N S T N I S O O D I U O U O L N E I  
 E A S I T C E U D N N R N H C O O U R Y  
 L V E L I U S N E G R E C G K K V S B P  
 L I H P L E A T C E N U L F C U E S T P  
 E V S B R L E R N I M O F P H P M I R A  
 P U I O E M E D G O Y Y M R A S U H A H  
 S G C C E O E H O A A R O N R R B P E L  
 O K A V L R T T S Y D A L G M L K M H R  
 G R O E I N T H E G H E T T O U E E S I  
 G L U E D E S R O U S T A B O U T M R G  
 D R A F T E D A L L I C S I R P H O E S

- |                |                  |                  |                  |
|----------------|------------------|------------------|------------------|
| AARON          | GOOD LUCK CHARM  | LITTLE SISTER    | STUCK ON YOU     |
| ALL SHOOK UP   | GOSPEL           | LOVE ME TENDER   | SUN RECORDS      |
| BLUE HAWAII    | GRACELAND        | MEMPHIS          | SURRENDER        |
| BURNING LOVE   | GYRATING         | ONE NIGHT        | SUSPICIOUS MINDS |
| CLAMBAKE       | HEARTBREAK HOTEL | PRISCILLA        | THE KING         |
| COLONEL PARKER | HOUND DOG        | RCA              | TOO MUCH         |
| DON'T BE CRUEL | IN THE GHETTO    | RETURN TO SENDER | TUPELO           |
| DRAFTED        | JAILHOUSE ROCK   | ROCKABILLY       | U.S. ARMY        |
| G.I. BLUES     | KENTUCKY RAIN    | ROUSTABOUT       | VERNON           |
| GIRL HAPPY     | KING CREOLE      | SHE'S NOT YOU    | VIVA LAS VEGAS   |
| GLADYS         | LISA MARIE       |                  |                  |

Did you enjoy this puzzle? Visit: <http://www.puzzles.ca/wordsearch.html>

# free printable word searches

## Musicals

Words can go horizontally, vertically and diagonally in all eight directions.  
Word may overlap but do not share letters.

X X K N R L J D A M N Y A N K E E S D H D N  
S C B M M S O U T H P A C I F I C S V S Z R  
V R Q E H W J Y G M T G L J W V L Z E B K J  
D R O B A R E Z S K X T B S J E M L T B B C  
F B R R V U M S X P R E E J G N L J V R Q X  
I H Z Z R H T Z T M Y O V N L O M P A I K X  
D M M L N O T Y N S G G A I F B L K L G W J  
D R R W B V H I A G I F V X T T F M L A R W  
L Q M F Z R P F N N O D U Z M A I N E D N V  
E L O Z J P R I O Y D A E G R S N Y R O R R  
R C G G I R H L T P E T O S S T V R E O K C  
O Y P P A T Y I Q G O D H S T T L I D N Y N  
N K T V Y C C T A D S H A E C O X A N R V W  
T E W N T N I C G P Y I S A B P R H I Z R O  
H I A M D K A H E L G Q T E H E N Y C Y N T  
E N X R K L X L C O X S Z M L X A Y J N N E  
R N M L L T L V N L N Z R A L T M S R G Z H  
O A X M H K L C M R D M Z M T K T P T Q P T  
O S L L O D D N A S Y U G E L J Z I M K N N  
F M F Y A S P E C T S O F L O V E Z L P G O  
R R A T S R E P U S T S I R H C S U S E J Z  
K B S S E H C Z K R M Z Q J Y K H D N M C V

[www.puzzle-club.com](http://www.puzzle-club.com)

annie	chicago	guys and dolls	miss saigon
anything goes	cinderella	gypsy	on the town
aspects of love	city of angels	hair	pippin
beauty and the beast	damn yankees	Jesus Christ superstar	south pacific
brigadoon	evita	la cage aux folles	West Side Story
cats	fiddler on the roof	little shop of horrors	

### **Lynn Street Manor Apartments**

4255 S. Lynn St. Onaway, MI 49765

989-733-2661

A secure Apartment Community

For the older Adult over 62

HUD Subsidized, Utilities included in rent

One Bedroom Units

Rent Based on Income

Carpeting, Appliances, Laundry, Trash

Security System, Handicapped Unit

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