



PICCOA December Menu



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.


Sunday Congregate

Monday-Thursday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm

Both Centers: Soup at 4 pm, Meal at 4:30 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

MONDAY HDM		WEDNESDAY HDM		Thursday hot meal + weekend cold/frozen
Cold Meals	Hot Meals	Cold Meals	Hot Meals	
SUN	MON	TUE	WED	THU
	1 Baked Ravioli California Blend Green Beans Tropical Fruit Bread Sticks	2 Country Fried Steak Mashed Potatoes Peas and Carrots Pears Biscuit	3 Rustic Italian Chicken Red Skin Potatoes Corn, Toss Salad Mixed Fruit Dinner Roll	4 Swedish Meatballs Noodles Mixed Vegetables Carrots Apricots Bread
7 Baked Chicken Mash potatoes Peas Apricots Tossed Salad Biscuit	8 Meatloaf Mash Potatoes Broccoli Peaches Bread	9 Fish Rice Pilaf Mixed Vegetables Applesauce Bun	10 Spaghetti Green Beans Corn Mixed Fruit Salad Bread Sticks	11 Honey Mustard Chicken Far East Blend Peas & Carrots Cherries Dinner Roll
14 Pork Roast Mash Potatoes Baked Beans Pineapple Tidbits Tossed Salad Roll	15 BBQ Chicken Sweet Potatoes Mixed Vegetables Mandarin Oranges Dinner Roll	16 Salisbury Steak Oven Brown Potatoes Cauliflower Mixed Fruit Biscuit	17 Cooks Special	18 Cabbage Rolls Boiled Potatoes Asparagus Peaches Bread
21 Ham Potatoes Carrots Tropical Fruit Tossed Salad Biscuit	22 Goulash Green Beans Winter Blend Pears Bread Sticks	23 CLOSED Staff Meeting	24 CLOSED Christmas Eve	25 CLOSED Christmas Day
28 Pot Roast Mash Potatoes California Blend Cherries Tossed Salad Dinner Roll	29 Lasagna Corn Green Beans Plums Bread Sticks	30 BBQ Pork Brussel Sprouts Mixed Vegetables Applesauce Bread	31 CLOSED New Years Eve	January 1st CLOSED New Years Day

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.

Onaway Center: (989) 733-2559

Posen Center: (989) 766-8191

December 2014

PICCOA Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Cheboygan Bus Trip	2 Onaway Birthday Bingo 2 PM	3 Posen Birthday Bingo 2 PM	4 Senior Commodities Onaway 9-10 Posen 12-12:30	5	6
7	8 Board Meeting Onaway 10 AM	9	10 Posen Bingo 2 PM	11 Onaway/ Posen 5 meal draw	12	13
14 P.I. Clubhouse meal 1:00pm	15	16 Onaway Bingo 2 PM	17 Blood Pressure Clinic -Onaway 3:00-3:30 pm —●— Posen Bingo 2 PM	18	19 Alpena Bus Trip	20
21 Onaway/ Posen 5 meal draw	22	23 —Closed— Staff meeting	24 —Closed— Christmas Eve	25 —Closed— 	26	27
28	29	30 Onaway Bingo 2 PM	31 —Closed— New Year's Eve			