



PICCOA February Menu



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal cost is \$6.00 per person under 60.

Sunday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

Monday-Thursday Congregate

Both Centers: Soup at 3 pm, Meal at 4:30 pm

(*) Denotes a substituted item

Sunday Monday Tuesday Wednesday Thursday

NOTICE

POSEN Center ONLY: No Congregate Meals served Feb 1 - Feb 9 due to dining room renovations.

<p>1 Meat Loaf Mashed Potato/Gravy Carrots Diced Pears Wheat Bread</p>		<p>2 Pork Patties Italian Green Bean Salad Carrots Diced Peaches Wheat Bread</p>		
<p>5 Turkey Stuffing Green Bean Casserole Deluxe Salad Bar Fruit Salad Wheat bread</p>	<p>6 Goulash Corn Wax Beans Plums Bread sticks</p>	<p>7 Fresh Cod Dinner Tater Tots Diced Beets Pineapple Wheat Bread</p>	<p>8 BBQ Pork Riblets Boiled Redskins Succotash Blend Applesauce Wheat Bread</p>	<p>9 Chicken Parmesan Waxed Beans Asparagus Tropical Fruit Dinner Roll</p>
<p>12 Lasagna Winter Blend Wax Beans Deluxe Salad Bar Pineapple Bread Stix</p>	<p>13 Tuna Noodle Casserole Beets Green Beans Pears Biscuits</p>	<p>14 Pepper Steak White Rice Carrots Pineapple Dinner Roll</p>	<p>15 Honey Balsamic Chicken Potato Medley Asparagus Cinn. Applesauce Cornbread</p>	<p>16 Kielbasa Boiled Potatoes Sauerkraut Fresh Oranges Wheat Bread</p>
<p>19 Baked Chicken Mashed Potatoes/Gravy Squash Pineapple Deluxe Salad Bar Dinner Roll</p>	<p>20 Ham Sweet Potatoes French Green Beans Topical Fruit Wheat Bread</p>	<p>21 Country Fried Steak Mashed Potatoes/ Gravy Winter Blend Peaches Wheat Bread</p>	<p>22 Cabbage Rolls Wax Beans Corn Applesauce Wheat Roll</p>	<p>23 Oven Fried Chicken Spanish Rice Scandinavian Vegetables Plums Wheat bread</p>
<p>26 Pork Roast Mashed Potatoes Green Beans Deluxe Salad Bar Applesauce Dinner Roll</p>	<p>27 Ginger BBQ Chicken White Rice Mixed Vegetables Diced Pears Wheat Bread</p>	<p>28 Scalloped Potatoes With Ham Carrots Diced Beets Tropical Fruit Dinner Roll</p>		
<p>All meals served with bread, margarine and milk according to guidelines. Menu subject to change due to food availability. Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.</p>				