

PICCOA October Menu

Federal and state grants cover only a portion of the meals we provide.

Donations are important to PICCOA.

Sunday	Monday	Tuesday	Wednesday	Thursday
	1 Salisbury Steak Scalloped Potatoes, Beets, Pineapple	2 Hamburger Steak American Fries, Winter Blend, Pears	3 Crispy Chicken Mashed Potatoes, Baked Beans, Pineapple	4 Swiss Steak Boiled Potatoes, Carrots, Mixed Fruit
7 Pork Roast Boiled Potatoes, Broccoli, Applesauce	8 BBQ Pork Oven Brown Potatoes, Mixed Vegetables, Pears	9 Sausage American Fries, Peas & Carrots, Applesauce	10 Ham Scalloped Potatoes, Mixed Vegetables, Plums	11 Salisbury Steak Noodles, Peas & Carrots, Peaches
14 Crispy Chicken , Rice, Corn, Mandarin Oranges, Carrot/Raisin Salad	15 Cabbage Rolls Oven Brown Potatoes, Peas, Pears	16 COOK'S CHOICE	17 Hot Turkey Sandwich Mashed Potatoes, Carrots, Plums	18 Chicken Strips Mac & Cheese, Green Beans, Pineapple
21 Roast Beef Mashed Potatoes, Corn, Peaches	22 Ham Boiled Dinner Mandarin Oranges	23 Cheeseburger Macaroni Beef Corn, Mixed Fruit, Tossed Salad	24 Turkey Noodle Casserole Beets, Mandarin Oranges, Tossed Salad	25 Crispy Chicken Mashed Potatoes, Winter Blend, Tropical Fruit
28 Pork Roast Parsley Potatoes, Corn, Pineapple	29 Spaghetti/Meat Sauce Broccoli, Tossed Salad, Apricots	30 Beef Stroganoff , Noodles, Beets, Tossed Salad, Strawberries	31 Pork Steak Scalloped Potatoes, Corn, Peaches	

Meals served

Sunday—Thursday
Closed Fridays & Saturdays.

Weekdays (both centers):

Soup at 4 pm
Meal at 4:30 pm

Sundays in Onaway:

Soup at Noon
Meal at 1 pm

Sundays in Posen:

Soup, salad and dessert
at 3pm

Meal at 4 pm

(Soup, salad and dessert sold for an additional \$1.00 with meal only.)

All meals served with bread, margarine and milk according to guidelines

Menu cycle weeks 11-15;
menu subject to change due to food availability.

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