



Presque Isle Co. Council on Aging Menu

November 2011

Menu 3 -7



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Weekday meals served at
4:30 Soup at 4:00 both sites.
Onaway Sunday Meal 1:00
Soup served 12:00-12:45
Posen Meal at 4:00
Soup, Salad, and Dessert Bar
3-3:45

Crispy Chicken 1 Mashed potatoes Winter Blend Tropical Fruit Salad	2 Ham Boiled Dinner. Pineapple	3 Pork Strips Boiled Potatoes Peas Coleslaw Mandarin Oranges
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Rygwelski's IGA
Finest Homemade
Sausage
IGA Tablerite Meats
495 s. First Street

6 Turkey Mashed Potatoes Peas & Carrots Tropical Fruit	7 Fish Baked Potatoes Stewed Tomatoes Pears	8 Meatloaf Seasoned Rice Peas Peaches	9 Cabbage Rolls Mixed Veg. Pears Tossed Salad	10 Cook's Choice
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Rogers City, MI. 49779
1-888-KABAS
989-734-3248

13 Ham Mashed Potatoes Beets Fruit Cocktail	14 Chicken Sandwich Bun Tossed Salad Green Beans Applesauce	15 Chicken Nuggets Augratin Potatoes Corn Tossed Salad Apricots	16 Sausage Boiled Potatoes Sauerkraut Plums	17 Lasagna Mixed Veg. Coleslaw Peaches
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Tom's Family
Market & Deli
Best Meat and
Produce in Town
Deliveries Made Daily
29579 State Street

20 Onaway & Posen Thanksgiving Dinner/ Turkey And All The Trimmings	21 Chop Suey Rice Broccoli Pears	22 Porcupine Meatballs Boiled Potatoes Calif. Blend Fruit Cocktail	23 Roast Pork Mashed Potatoes Peas & Carrots Apricots	24 Thanksgiving Day Closed
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Onaway, MI. 49765
989-733-8229
Pharmacy Mon.- Fri.
989-733-4106

27 Closed	28 Turkey Noodle Casserole Beets Mandarin Oranges Tossed Salad	29 Swiss Steak Oven Brown Potatoes Carrots Plums Coleslaw	30 Swedish Meatballs Noodles Broccoli Applesauce Carrot /Raisin Salad
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Federal and State dollars only cover a portion of the meals we provide. Donations are important to PICCOA. Dinner is a suggested donation of \$2.50 for 60 and over. The meal cost is \$5.00 for under 60. Menu subject to change due to availability of food.