

# PICCOA November Menu

Federal and state grants cover only a portion of the meals we provide.  
Donations are important to PICCOA.  
Dinner is a suggested donation of \$2.50 for seniors 60 years and older.  
The meal cost is \$5.00 per person under 60.

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   |
|---|--|---|---|--|
|                          |  |        |   | <b>1</b><br><br><b>Cook's Choice</b>   |
| <b>4</b><br><b>Pork Roast</b><br>Red Skin Potatoes, Northwest Blend, Fruit Salad                          | <b>5</b><br><b>BBQ Chicken</b><br>Sweet Potatoes, Collard Greens, Corn Bread, Ambrosia Salad | <b>6</b><br><b>Swedish Meatballs</b><br>Noodles, Lima Beans, Squash, Apricots           | <b>7</b><br><b>Goulash</b><br>Broccoli Florets, Corn, Pear Halves                           | <b>8</b><br><b>Chop Suey</b><br>Rice, Asparagus, Summer Squash, Mandarin Oranges                                   |
| <b>11</b><br><b>Traditional Turkey Dinner</b><br>Mashed Potatoes, Stuffing, Cranberry Sauce, Pumpkin Roll | <b>12</b><br><b>Lasagna</b><br>Peas & Pearl Onions, Cauliflower, Bread Stick, Plums          | <b>13</b><br><b>Chicken Alfredo</b><br>Spinach, Baby Carrots, Fresh Pear                | <b>14</b><br><b>Salisbury Steak</b><br>Parsley Potatoes, Sugar Snap Peas, Chunky Applesauce | <b>15</b><br><b>Cod Wedge</b><br>Crispy Cole Slaw, Hashbrowns, Corn Bread, Berry Burst                             |
| <b>18</b><br><b>Pot Roast</b><br>Sour Cream & Chive Potatoes, California Blend, Bread Stick, Cherries     | <b>19</b><br><b>Turkey Burger</b><br>Sweet Potato Fries, Three-Bean Salad, Fresh Apple       | <b>20</b><br><b>Beef Stroganoff</b><br>Noodles, Peas, Beets, Peach Halves               | <b>21</b><br><b>Shepard's Pie</b><br>Corn, French Cut Green Beans, Apple Rings              | <b>22</b><br><b>Closed</b><br> |
| <b>25</b><br><b>Closed - Thanksgiving Holiday Weekend</b>   | <b>26</b><br><b>Hawaiian Stir-Fry</b><br>Rice, Asparagus, Tropical Fruit                     | <b>27</b><br><b>Country Fried Steak</b><br>Parslied Potatoes, Asian Blend, Melon Medley | <b>28</b><br><b>Sloppy Joe w/ Bun</b><br>Wax Beans, Oven Brown Potatoes, Apricots           | <b>29</b><br><b>Rustic Italian Chicken</b><br>Twice Baked Potato, Parslied Carrots, Mango Chunks                   |



**Meals served  
Sunday—Thursday  
Closed Fridays & Saturdays.**

Weekdays (both centers):

Soup at 4 pm  
Meal at 4:30 pm

Sundays in Onaway:  
Soup at Noon  
Meal at 1 pm

Sundays in Posen:  
Soup, salad and dessert  
at 3pm  
Meal at 4 pm  
(Soup, salad and dessert sold for an additional \$1.00 with meal only.)

All meals served with bread, margarine and milk according to guidelines

Menu subject to change due to food availability.