



PICCOA May Menu






Congregate meals served Sunday - Thursday. Closed Friday & Saturday
 Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.
 The meal cost is \$6.00 per person under 60.

Sunday Congregate

Monday-Thursday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm
Posen Center: Soup at 3 pm, Meal at 4:00 pm

Both Centers: Soup at 3 pm, Meal at 4:30 pm
 (*) Denotes a substituted item

Congregate Only	HDM		HDM Hot Meals + Weekend Colds	
	Hot Meals	Hot Meals	Hot Meals	Weekend Colds
SUN	MON	TUE	WED	THU
3 Pot Roast Baked Sweet Potato Normandy Vegetable Blend Tropical Fruit Salad Roll 2-5	4 Veal Picata w/ Noodles California Blend- - Mixed Vegetables Baked Apples Salad Bread Stick	5 Taco Bar Spanish Rice Asparagus Pico De Gallo Sour Cream Tortilla Cinco De Mayo Special	6 Pork Chop Supreme O'Brien Potatoes Capri Sprouts Fresh Fruit Salad Corn Bread 5-2	7 Grilled Sweet & Sour Beef Brown Rice California Blend Mixed Vegetables Fresh Fruit Bread 5 - 6
10 CLOSED 	11 Spaghetti Green Beans Corn Orange Wedges Bread Sticks 4-3	12 Breaded Pork Tenderloin Roasted Potatoes Asparagus Apricots Bread 1 - 3	13 Beef Stroganoff White Rice Asparagus Peaches Salad Biscuit 5-4	14 BBQ Chicken Potato Wedges Northwest Vegetable Blend Mixed Fruit Biscuit 3 - 6
17 Pork Roast Baked Potato Carrots Fresh Fruit Cup Sour Cream & Chives Salad Bread 2 - 3	18 Lasagna Green Beans Corn Cinnamon Apples Bread Stick 4 - 5	19 Baked Chicken Roasted Sweet Potato Cauliflower Fresh Fruit Salad Roll 4-7	20 Pork Chop W/Mushroom Gravy Cheesy Mash Potatoes Capri Vegetable Blend Plums Biscuit 3 - 6	21 Lemon Baked Fish Oven Roasted Potato Beets Watermelon Bread 3 - 5
24 CLOSED 	25 CLOSED 	26 Country Fried Steak Brown Rice * Green Beans Applesauce Salad Roll 2 - 7	27 Meatloaf Mashed Potatoes Gravy Mixed Vegetables Sweet Cherries Bread 1 - 4	28 Chicken Parmesan Spaghetti Noodles Sicilian Vegetables Corn Baked Apples Bread Sticks 2 - 1
31 Baked Turkey Garlic Mashed Potato Gravy Green Beans Pineapple Bread 4-1				

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.

Onaway Center: (989) 733-2559

Posen Center: (989) 766-8191