



# PICCOA MAY MENU



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is **\$6.00** per person **under 60**.





Please call to reserve your meal a day in advance or no later than **12 pm** the day of.

Posen Center @ 989-766-8191 or Onaway Center @ 989-733-2559.



**Sunday Congregate:** Soup and Salad @ 12:30 pm, Dinner @ 1:00 pm

**Monday-Thursday Congregate:** Soup @ 3:30 pm, Dinner @ 4:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Roasted Turkey Red Bliss Potatoes Peas Peaches Dinner Roll	2 Baked Ham Mashed Potatoes Carrots Tropical Fruit	3 Crunch Ranch Chicken Breast Buttered Noodles California Blend Veggies	4 Tuna Salad Sandwich Broccoli Tomato & Cucumber Salad Pears	5 Beef Tips Egg Noodles Green Beans Peaches Wheat Bread
8 Beef Roast Mashed Potatoes w/ Gravy Yellow Squash Pears Dinner Roll	9 Spaghetti w/ Meatballs Carrots Fruit Cocktail	10 Lemon Pepper Chicken Breast Red Bliss Potatoes Brussel Sprouts Cantaloupe	11 Baked Cod Parsley Noodles Garden Seasoned Broccoli Peaches	12 Country Fried Steak Mashed Potatoes w/ Gravy Peas & Carrots Tropical Fruit
15 Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Pineapple	16 Chicken Enchiladas Black Beans & Corn Strawberries Mixed Fruit	17 Meatloaf Baked Potato Carrots Pears	18 Pulled Pork Sandwich Brown Rice Green Beans Applesauce	19 Chicken Fettuccine Alfredo Winter Blend Veggies Pineapple
22 BBQ Chicken 1/4's Red Bliss Potatoes Peas & Carrots Apricots	23 Chicken & Veggie Stir-Fry Brown Rice Fresh Broccoli Pears	24 Pepperoni Pizza Tossed Salad Brussel Sprouts Mandarin Oranges	25 BBQ Pineapple Turkey Burger Potato Wedges California Blend Veggies Watermelon	26 Taco Spud Fresh Broccoli Applesauce Wheat Bread
29  <b>CLOSED</b>	30  <b>CLOSED</b>	31 Chef Salad Hard Boiled Egg Fresh Cauliflower Apple Slices	<b>P.I. Clubhouse Meal—May 15th</b> Roasted Turkey Mashed Potatoes Carrots	

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

**Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.**