



PICCOA MAY Menu



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.

Sunday Congregate


Onaway Center: Soup at Noon, Meal at 1:00 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

Monday-Thursday Congregate

Both Centers: Soup at 3 pm, Meal at 4:30 pm

(*) Denotes a substituted item

Sunday	Monday	Tuesday	Wednesday	Thursday
	1 Pork Patties Scalloped Potatoes Scandinavian Blend Mandarin Oranges Wheat Bread	2 Country Fried Steak Mashed w/ Gravy Peas Peaches Biscuits	3 Meatloaf Mashed w/ Gravy Broccoli Pears Cornbread	4 Tuna Salad Sandwich Potato Salad Coleslaw Mixed Fruit Wheat Bun
7 Polish Sausage Sauerkraut/Carrots Perogies Cheesecake Cornbread	8 Sweet-N-Sour Chicken Wild Rice Prince Charles Veg Pineapple Wheat Bread	9 Chicken Wrap Macaroni Salad Three Bean Salad Tropical Fruit	10 BBQ Pork Sandwich Baked Beans Carrots Cinnamon Apples Wheat Bun	11 Salisbury Steak Mashed w/ Gravy Corn Pears Biscuit
14 Pork Roast Stuffing Green Beans Apple Sauce Dinner Roll	15 Baked Cod Tater Tots Beets Plums Wheat Bread	16 Lemon Pepper Chicken Oven Roasted Potatoes Beets/ Apricots Dinner Roll	17 Sloppy Joe French Fries Green Beans Pears Wheat Bun	18 Cabbage Rolls Boiled Redskins Mixed Veggies Pineapple Wheat Bread
21 Turkey Mashed w/ Gravy Carrots Deluxe Salad Bar Tropical Fruit	22 Chicken Parmesan w/ Spaghetti Wax Beans Peaches Bread Stick	23 Pepper Steak Rice Corn/ Pineapple Wheat Bread	24 Pork Chops Wild Rice Prince Charles Veg Plums Dinner Roll	25 Hotdog w/ Bun Baked Beans Macaroni Salad Watermelon
28 Center Closed	29  Center Closed	30 Hamburger Tater Tots Coleslaw Mixed Fruit Wheat Bun	31 BBQ Chicken 1/4's Mashed w/ Gravy Peas & Carrots Mandarin Oranges Dinner Roll	

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.