



# PICCOA MARCH MENU



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal cost is \$6.00 per person under 60.




Please call to reserve your meal a day in advance or no later than **12 pm** the day of.

Posen Center @ 989-766-8191 or Onaway Center @ 989-733-2559.



**Sunday Congregate:** Soup and Salad @ 12:30 pm, Dinner @ 1:00 pm

**Monday-Thursday Congregate:** Soup @ 3:30 pm, Dinner @ 4:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>P.I. Clubhouse Meal—March 13th</b> Meatloaf Baked Potato California Blend Veggies		1 Breaded Pork Chops Mashed Potatoes Green Beans Apricots	2 Sweet & Sour Meatballs White Rice Sauteed Red Cabbage Applesauce	3  In-Service Staff Training
6 Hot Turkey Sandwich Mashed Potatoes Carrots Pineapple	7 Bacon Frittata Stewed Tomatoes Tropical Fruit Biscuit	8 Honey Mustard Pork Tenderloin Parsley Noodles Corn Wheat Bread	9 Sloppy Joe Oven Roasted Potatoes Caribbean Veggies Mandarin Oranges	10 Country Fried Steak Mashed Potato Peas & Carrots Apricots Dinner Roll
13 Cabbage Rolls Red Bliss Potatoes Carrots Applesauce	14 Salisbury Steak Mashed Potatoes w/ Gravy Brussel Sprouts Peaches	15 Chicken ala King Egg Noodles Green Beans Mandarin Oranges Biscuit	16 Baked Ham Sweet Potatoes Cauliflower Mixed Fruit	17 St. Patrick's Day Corned Beef & Cabbage Boiled Potato Carrots
20 BBQ Chicken 1/4's Brown Rice Broccoli Peaches	21 Biscuits & Sausage Gravy Hashbrowns Broccoli Fruit Cocktail	22 Meatloaf Baked Potato California Veggies Mandarin Oranges	23 Italian Baked Chicken Buttered Noodles Carrots Fruit Cocktail	24 Cod Nuggets Potato Wedges Zucchini Cinnamon Applesauce
27 Lasagna Peas & Pearl Onions Cauliflower Pineapple	28 Tex-Mex Casserole Side Salad Stewed Tomatoes Grapes	29 Chicken & Vegetable Stir-fry White Rice Broccoli Pineapple	30 Cheese Ravioli w/ Sauce Zucchini & Summer Squash Cauliflower	31 Chicken & Dumplings Peas & Carrots Peaches Wheat Bread

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

**Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.**