

March Soup and Bread Menu

Place your order on Sundays or Mondays from 9am—4pm

Pick up on Thursdays from 10am—3pm

****THIS WILL BE THE LAST TIME TO GET SOUP TO GO UNTIL NEXT WINTER!**



Posen Soup Menu:

Week of March 1st: Stuffed Pepper or Creamy Chicken Noodle

Week of March 7th: Bacon Cheddar Cheese Soup or Chili

Week of March 14th: Stuffed Pepper or Creamy Chicken Noodle

Week of March 21st: Bacon Cheddar Cheese Soup or Chili

Onaway Soup Menu:

Week of March 1st: Split Pea w/ Ham or Pork Cabbage

Week of March 7th: Bean w/ Ham or Creamy Broccoli

Week of March 14th: Split Pea w/ Ham or Pork Cabbage

Week of March 21st: Bean w/ Ham or Creamy Broccoli

Choice of Bread: Italian, Wheat or Vegetable

Loaf of Bread & Quart of Soup: \$10.00

Quart of Soup Only: \$7.00

Onaway Center: 989-733-2559

Posen Center: 989-766-8191

*** Soup will be served cold with instructions on how to warm ***



POSEN MARCH MENU



Congregate meals for pick-up, Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal **cost** is \$6.00 per person **under 60**. To contact the Posen Center please call 989-766-8191.

Sunday – Thursday : Congregate pick up times 12:00pm-1:00pm
Please call to reserve your meal a day in advance or no later than 10:00 am the day of.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Beef Shephard's Pie Mashed Potatoes w/ Gravy Corn Applesauce	2 Meatloaf Parmesan Noodles Prince Charles Veggies Mandarin Oranges	3 Italian Baked Chicken Hashbrown Cubes Broccoli & Cauliflower Diced Pears	4 Roasted Pork Tenderloin Mashed Potatoes Corn Apple Slices
7 Daylight Saving Time Begins Bacon and Onion Quiche Stewed Tomatoes Peaches Wheat Bread	8 Beef and Broccoli White Rice Cauliflower Peaches	9 Country Fried Steak w/ Gravy Mashed Potatoes Peas & Carrots Grapes	10 Tuna Noodle Casserole Wax Beans Fruit Cocktail	11 Breaded Fish Tater Tots Cali Blend Veggies Diced Pears
14 Lasagna Tossed Salad Cauliflower Pineapple	15 Baked Ham Sweet Potatoes Beets Tropical Fruit	16 Chicken Alfredo Broccoli Mixed Fruit	17 St. Patrick's Day Corned Beef Cabbage Red Potatoes Emerald Pears	18 Ground Beef Stroganoff Egg Noodles Capri Vegies Diced Peaches Wheat Bread
21 Roast Beef Mashed Potatoes W/ Gravy Yellow Squash Diced Pears Dinner Roll	22 Parmesan Cod Parsley Noodles Broccoli Fruit Cocktail	23 Honey Glazed Pork Chop Mashed Sweet Potatoes Green Beans	24 Baked Spaghetti Cauliflower Red Grapes Breadstick	25 Chicken and Biscuits Peas Applesauce
28 Rosemary Turkey Red Bliss Potatoes Brussel Sprouts Peaches	29 Baked Chicken Breast Wild Rice Cauliflower Mixed Fruit	30 Swedish Meatballs Egg Noodles Winter Blend Veggies Pineapple	31 Oven Fried Garden Chicken Oven Roasted Potatoes Caribbean Veggies Mandarin Oranges	

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.



ONAWAY MARCH MENU



Congregate meals for pick-up, Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is \$6.00 per person **under 60**. To contact the Onaway Center please call 989-733-2559.

Sunday—Thursday : Congregate pick up times 12:00pm-1:00pm
Please call to reserve your meal a day in advance or no later
than 10:00 am the day of.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Country Fried Steak w/ Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges	2 Turkey Egg Noodles Broccoli Pineapple Wheat Bread	3 Goulash California Blend Pears	4 Baked Chicken Breast White Rice Mixed Veggies Peaches Wheat bread
7 Daylight Saving Time begins Pork Roast Mashed Potatoes w/ Gravy Corn Applesauce	8 Baked Cod Potato Medley Wax Beans Tropical Fruit	9 Swedish Meatballs w/ Egg Noodles Carrots Peaches	10 Chicken Pot Pie Mandarin Oranges Broccoli	11 Meatloaf Mashed Potatoes w/ Gravy Green Beans Tropical Fruit
14 Beef Roast Mashed Potatoes w/ Gravy Peas Pears Dinner Roll	15 Pork Chops Roasted Potatoes Green beans Applesauce Wheat Bread	16 Ham & Scalloped Potatoes Peas & Pearl Onions Applesauce Wheat Bread	17 St. Patrick's Day Corned Beef Cabbage Boiled Redskins Carrots Emerald Pears Pistachio Pudding	18 Beef Stroganoff w/ Egg Noodles Wax Beans Peaches Wheat Bread
21 Lasagna Spinach Pineapple Dinner Roll	22 Garlic Ginger Chicken Breast White Rice Prince Charles Peaches	23 Lemon Baked Cod Tater Tots Carrots Fruit Cocktail Wheat Bread	24 Spaghetti w/ Meat Sauce Broccoli Mandarin Oranges Dinner Roll	25 BBQ Pulled Pork Sandwich Cauliflower Pineapple Wheat Bun
28 Baked Ham Candied Sweet Potatoes California Blend Cinnamon Applesauce	29 Chicken Bowtie Pasta Brussel Sprouts Tropical Fruit Wheat Bread	30 Salisbury Steak Mashed Potatoes w/ Gravy Corn Pineapple	31 Lemon Pepper Chicken Baked Potato Carrots Peaches	

All meals served with bread, margarine and milk according to guidelines.

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