



PICCOA MARCH MENU



Congregate meals served **Sunday - Thursday**. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is \$6.00 per person **under 60**.

Sunday Congregate


Onaway Center: Soup at Noon, Meal at 1:00 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

Monday-Thursday Congregate

Onaway Center: Soup at 3 pm, Meal at 4:30 pm

Posen Center: Soup at 3 pm, Meal at 4:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday
				1 Chicken Parmesan w/ Spaghetti Succotash Mandarin Oranges Dinner Roll
4 Beef Roast Mashed Potatoes w/ Gravy Prince Charles Blend Tropical Fruit Dinner Roll	5 Pork Patty Spanish Rice Corn Applesauce Wheat Bread	6 Baked Cod O'Brien Potatoes Cauliflower Diced Peaches Wheat Bread	7 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Fruit Cocktail Biscuit	8 Sweat & Sour Meatballs Wild Rice Carrots Plums Dinner Roll
11 Apple Glazed Pork Chop Stuffing Green Beans Pears Cornbread	12 Goulash Carrots Corn Diced Peaches Breadstick	13 Chicken Pot Pie Wax Beans Diced Beets Pineapple	14 Pepper Steak White Rice Broccoli Cauliflower Apricots Wheat Bread	15 St. Patty's Day Dinner Corned Beef Boiled Redskins Cabbage Carrots Emerald Pears Wheat Bread
18 BBQ Chicken 1/4's Mashed Potatoes Mixed Vegetables Mandarin Oranges Dinner Roll	19 Ham & Cheese Frittata Broccoli Fruit Cocktail Biscuit	20 Turkey w/ Gravy Mashed Potatoes Scandinavian Blend Peaches Cornbread	21 Pork Patty Baked Potato Squash Applesauce Wheat Bread	22 Spaghetti w/ Meat Sauce Corn Apricots Breadstick
25 Pork Roast Potato Wedges Stewed Tomatoes Tropical Fruit Breadstick	26 Chili Corn Carrots Pineapple Cornbread	27 Honey Mustard Chicken Green Beans Redskin Potatoes Mandarin Oranges Wheat Bread	28 Baked Ravioli California Blend Wax Beans Pears Breadsticks	29 Pulled Pork w/ Bun Roasted Potatoes Broccoli Applesauce

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.