



POSEN JUNE MENU



Congregate meals served **Sunday - Thursday**. Closed Friday & Saturday



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is **\$6.00** per person **under 60**.

— Posen Center Meal Times —

Sunday Congregate: Soup and Salad at 3:00 pm, Meal at 4:00 pm

Monday—Thursday Congregate: Soup at 3:00 pm, Meal at 4:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday
				
3 Polish Sausage Sauerkraut Red Skins Peaches Dinner Roll	4 Baked Cod Sweet Potato Cubes French Style Green Beans Pears Cornbread	5 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Broccoli Rhubarb Breadsticks	6 Beef Tips Butter Noodles Peas Mandarin Oranges Wheat Bread	7 Chicken Salad Wrap Pasta Salad Broccoli Salad Plums
10 Roasted Turkey w/ Gravy Mashed Potatoes Mixed Vegetables Mandarin Oranges Cornbread	11 Taco Spanish Rice Lettuce & Tomato Apricots	12 BBQ Chicken Breast Potato Medley Green Beans Diane Applesauce Wheat Bread	13 Hamburger w/ Onion Relish Baked Beans Roasted Corn Watermelon Wheat Bun	14 Chili Dog On a bun Sweet Potato Cubes Dill Cucumbers Cinnamon Pears
17 Apple Glazed Pork Chops Stuffing Brussel Sprouts Fruit Cocktail Dinner Roll	18 Sloppy Joe On a Bun Tater Tots Scandinavian Blend Rhubarb	19 Chop Suey White Rice Carrots Plums Wheat Bread	20 Chicken Pot Pie Beets Green Beans Peaches Biscuit	21 
24 Meatloaf Mashed Potatoes w/ Onion Gravy Broccoli Apricots Wheat Bread	25 Spinach & Cheese Frittata O'Brien Potatoes Stewed Tomatoes Tropical Fruit Biscuit	26 Waldorf Chicken Salad Creamy Cucumbers Pickled Beets Fresh Fruit Wheat Bread	27 Pulled Pork On Bun Baked Beans Zucchini & Tomatoes Pineapple	28 Spaghetti w/ Meat Sauce Italian Green Beans Corn Fruit Cocktail Breadsticks

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.


ONAWAY JUNE MENU


Congregate meals served **Sunday - Thursday**. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal cost is \$6.00 per person under 60.

— **Onaway Center Meal Times** —

Sunday Congregate: Soup and Salad at 12:00 pm, Meal at 1:00 pm

Monday—Thursday Congregate: Soup at 3:00 pm, Meal at 4:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday
	<p>NO CONGREGATE MEALS May 29th—June 10th MEALS ON WHEELS ONLY</p>			
<p>3</p> <p>CLOSED DUE TO RENOVATIONS</p>	<p>4</p> <p>Tuna Casserole Wax Beans Corn Pineapple Wheat Bread</p>	<p>5</p> <p>Baked Cod Tater Tots Prince Charles Blend Tropical Fruit Wheat Bread</p>	<p>6</p> <p>Sweet & Sour Chicken Breast White Rice Carrots Mandarin Oranges Cornbread</p>	<p>7</p> <p>Hamburger on Wheat Bun Steak Fries Scandinavian Blend Watermelon</p>
<p>10</p> <p>CLOSED DUE TO RENOVATIONS</p>	<p>11</p> <p>Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Fruit Cocktail Biscuit</p>	<p>12</p> <p>Goulash Peas & Carrots Wax Beans Diced Pears Breadstick</p>	<p>13</p> <p>Pork Patty on Wheat Bun Tater Tots Diced Beets Applesauce</p>	<p>14</p> <p>Beef Stroganoff W/ Egg Noodles Broccoli Cauliflower Plums Wheat Bread</p>
<p>17</p> <p>Meatloaf Mashed Potatoes w/ gravy Corn Watermelon Wheat Bread</p>	<p>18</p> <p>Ham & Cheese Frittata O'Brien Potatoes Stewed Tomatoes Diced Peaches Biscuit</p>	<p>19</p> <p>Chicken Patty on Wheat Bun Oven Browns Wax Beans Apricots</p>	<p>20</p> <p>Swiss Steak Mashed Potato Mixed Vegetables Pineapple Wheat Bread</p>	<p>21</p>  <p>In-Service Staff Training</p>
<p>24</p> <p>Baked Turkey Mashed Potatoes w/ Gravy Green Beans Warm Peaches w/ Brown Sugar</p>	<p>25</p> <p>Sauerkraut Kielbasa Boiled Redskins Carrots Diced Pears Wheat Bread</p>	<p>26</p> <p>Chicken Salad Wrap Potato Salad Fresh Cucumbers Tropical Fruit</p>	<p>27</p> <p>Ham & Cheese Sub w/ Honey Mustard Sweet Potato Fries Wax Beans Applesauce</p>	<p>28</p> <p>Sweet & Sour Meatballs w/ Egg Noodles Prince Charles Blend Fruit Cocktail Wheat Bread</p>

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