



# PICCOA June Menu



**Congregate meals served Sunday - Thursday.** Closed Friday & Saturday  
 Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.  
 The meal cost is \$6.00 per person under 60.

## Sunday Congregate


## Monday-Thursday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm

Both Centers: Soup at 3 pm, Meal at 4:30 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

(\*) Denotes a substituted item

<b>Sunday</b> Congregate Only	<b>Monday</b> HDM Hot	<b>Tuesday</b> HDM Hot	<b>Wednesday</b> HDM Hot & Weekend Cold	<b>Thursday</b> HDM Hot & Weekend Cold
	<b>1</b> Tahitian Chicken Roasted Potato Caribbean Blend Applesauce  Roll 4-2	<b>2</b> Veal Picata w/ Noodles California Blend Baked Apples  Bread Stick 3-2	<b>3</b> BBQ Pork Potato Wedges Green Beans Diced Pears Salad Bar  Corn Bread 4-4	<b>4</b> Pepper Steak Brown Rice Northwest Veg Blend Corn Pears Salad Bread 1-7
<b>7</b> Pot Roast Baked Potato Sour Cream & Chive Scandinavian Blend* Salad Bar Mix Melon Salad Roll 5-1	<b>8</b> Goulash Succotash Veg Blend Italian Green Beans Mixed Fruit  Bread Stick 1-2	<b>9</b> Garden Citrus Chicken Rosemary Roasted Potatoes Broccoli Peaches Bread 2-2	<b>10</b> Pork Chop Supreme O'Brien Potatoes Capri Blend Fresh Fruit Salad Bar  Corn Bread 5-2	<b>11</b> Cabbage Rolls Mashed Potatoes* Mixed Vegetables Plums  Bread 2-6
<b>14</b> Lasagna Green Beans Corn Cinnamon Apples Salad Bar Bread Stick 4-5	<b>15</b> Baked Chicken Roasted Potatoes* Vegetable Blend Apricots  Bread 3-1	<b>16</b> Meatloaf Mashed Potatoes Gravy Mixed Vegetables Sweet Cherries Bread 1-4	<b>17</b> CLOSED 	<b>18</b> Country Fried Steak Brown Rice * Green Beans Applesauce  Roll 2-7
<b>21</b> Baked Turkey Mashed Potato Gravy Green Beans Pineapple Salad Bar Biscuit 4-1	<b>22</b> Lemon Pepper Chicken Baked Sweet Potato Vegetable Blend Peaches Bread 1-5	<b>23</b> Breaded Pork Tenderloin Roasted Potatoes Vegetable Blend Apricots Salad Bar Bread 1-3	<b>24</b> Taco Bar Spanish Rice Asparagus Pico De Gallo Sour Cream Tortilla	<b>25</b> Chicken Parmesan Spaghetti Noodles Sicilian Vegetables Corn Baked Apples  Bread Sticks 2-1
<b>28</b> Pork Roast Baked Potato Carrots Fresh Fruit Cup Sour Cream & Chives Salad Bar Roll 2-3	<b>29</b> Oven Fried Chicken Sweet Potatoes Cauliflower Pineapple Tidbits Biscuit 3-6	<b>30</b> Sandwich Bar (Cold Cuts) Baked Beans Macaroni Salad Tropical Fruit Bread		

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.