



# PICCOA

## June Menu

Federal and state grants cover only a portion of the meals we provide.

Donations are important to PICCOA.

Dinner is a suggested donation of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.

SUN	MON	TUE	WED	THU
2 <b>Pork Roast</b> Red Skin Potatoes Winter Blend Mixed Fruit Dinner Roll	3 <b>BBQ Chicken</b> Sweet Potatoes Spinach Mandarin Oranges Corn Bread	4 <b>Swedish Meatballs</b> Noodles Lima Beans Carrots Apricots	5 <b>Goulash</b> Green Beans Corn Pears Bread Sticks	6 <b>Chop Suey</b> Rice Broccoli Summer Squash Plums
9 <b>Baked Turkey</b> Mashed Potatoes/Gravy Green Beans Pineapple Tidbits	10 <b>Lasagna</b> Peas Cauliflower Fresh Fruit Bread Sticks	11 <b>Chicken Alfredo</b> Spinach Carrots Pears Dinner Roll	12 <b>Salisbury Steak</b> Parsley Potatoes Wax Beans Tossed Salad Applesauce	13 <b>Fish</b> Rice Pilaf Corn Peaches Corn Bread
16 <b>Pot Roast</b> Sour Cream & Chive Potatoes California Blend Cherries Bread Sticks	17 <b>Ham</b> Sweet Potato 3-Bean Salad Summer Squash Tossed Salad Plums	18 <b>Beef Stroganoff</b> Noodles Peas Beets Peaches Dinner Roll	19 <b>Hamburger w/ Bun</b> Corn Green Beans Fresh Fruit	20 <b>Hawaiian Stir-Fry</b> Rice Far East Blend Broccoli Tropical Fruit
23 <b>Pork Chops</b> Parsley Potatoes Brussel Sprouts Melon Dinner Roll	24 <b>Sloppy Joe w/ Bun</b> Oven Brown Potatoes Cauliflower Apricots	25 <b>Rustic Italian Chicken</b> Red Skin Potatoes Carrots Tossed Salad Tropical Fruit Dinner Roll	26 <b>Meatloaf</b> Seasoned Rice Summer Squash Applesauce	27 <b>Swiss Steak</b> Rice Peas Tossed Salad Mixed Fruit Bread Sticks
30 <b>Baked Chicken</b> Scalloped Potatoes, Corn Tossed Salad Dinner Roll, Pears				

### Meals served

**Sunday—Thursday**

**Closed Fridays**

**& Saturdays.**

### Weekdays (both centers):

Soup at 4 pm

Meal at 4:30 pm



### Sundays in Onaway:

Soup at Noon

Meal at 1 pm

### Sundays in Posen:

Soup & dessert at 3:30 pm

Meal at 4 pm



All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

### Rygwelski's IGA

*Finest Homemade Sausage*

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