



PICCOA JUNE MENU



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is **\$6.00** per person **under 60**.



Please call to reserve your meal a day in advance or no later than **12 pm** the day of.

Posen Center @ 989-766-8191 or Onaway Center @ 989-733-2559.



Sunday Congregate: Soup and Salad @ 12:30 pm, Dinner @ 1:00 pm

Monday-Thursday Congregate: Soup @ 3:30 pm, Dinner @ 4:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
P.I. Clubhouse Meal—June 12th Sweet & Sour Meatballs White Rice Sauteed Cabbage			1 Chef Salad Hard Boiled Egg Fresh Broccoli Apple Slices	2 Honey Garlic Chicken Breast Mashed Potatoes Carrots Mixed Fruit
5 Roasted Turkey Red Bliss Potatoes Peas Peaches Dinner Roll	6 Baked Ham Mashed Potatoes Carrots Tropical Fruit	7 Crunchy Ranch Chicken Breast Buttered Noodles California Blend Veggies	8 Tuna Salad Sandwich Broccoli Tomato & Cucumber Salad Pears	9 Beef Tips Egg Noodles Green Beans Peaches Wheat Bread
12 Beef Roast Mashed Potatoes w/ Gravy Yellow Squash Pears Dinner Roll	13 Spaghetti w/ Meatballs Carrots Fruit Cocktail	14 Lemon Pepper Chicken Breast Red Bliss Potatoes Brussel Sprouts Cantaloupe	15 Baked Cod Parsley Noodles Garden Seasoned Broccoli Peaches	16 Country Fried Steak Mashed Potatoes w/ Gravy Peas & Carrots Tropical Fruit
19 Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Pineapple	20 Chicken Enchiladas Black Beans & Corn Strawberries Mixed Fruit	21 Meatloaf Baked Potato Carrots Pears	22 Pulled Pork Sandwich Brown Rice Green Beans Applesauce	23 Macaroni & Cheese w/ Ham Winter Blend Veggies Fresh Melon
26 BBQ Chicken 1/4's Red Bliss Potatoes Peas & Carrots Apricots	27 Chicken & Veggie Stir-Fry Brown Rice Fresh Broccoli Pears	28 Pepperoni Pizza Tossed Salad Brussel Sprouts Mandarin Oranges	29 BBQ Turkey Burger Potato Wedges California Blend Veggies Watermelon	30 Taco Spud Fresh Broccoli Applesauce Wheat Bread

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.