



PICCOA JUNE MENU



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is \$6.00 per person **under 60**.

Please call to reserve your meal a day in advance or no later than 10 am the day of.

Posen Center @ 989-766-8191 or Onaway Center @ 989-733-2559.

Sunday Dine-In or Pick-Up:

1:00 pm – 2:00 pm

Monday and Wednesday Pick-Up Only:

4:00 pm – 4:30 pm

Tuesday and Thursday Dine-In or Pick Up:

4:00 pm – 4:30 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Crunchy Baked Ranch Chicken Buttered Noodles California Blend Veggies	2 Tuna Salad Sandwich Broccoli Tomato and Cucumber Salad Pears	3 Creamy Swiss Beef Mashed Potatoes w/ Gravy Green Beans Peaches Wheat Bread
6 Roast Beef Mashed Potatoes w/ Gravy Roasted Yellow Squash Pears Dinner Roll	7 Baked Spaghetti Corn Fruit Cocktail	8 Pulled Pork Sandwich Brown Rice Green Beans Applesauce	9 Beef Tacos Spanish Rice Peaches	10 Baked Lemon Pepper Chicken Roasted Potatoes Brussel Sprouts Cantaloupe
13 Roasted Turkey Red Bliss Potatoes Asparagus Peaches Dinner Roll	14 Cheese Ravioli w/ Sauce Zucchini Pears	15*Hawaiian Theme* Luau Meatballs Hawaiian Roasted Veggies Hawaiian Macaroni Salad Pineapple	16 Baked Cod Parsley Noodles Broccoli Apples	17 Baked Chicken Breast Wild Rice Mixed Veggies Mixed Fruit
20 BBQ Chicken 1/4's Red Bliss Potatoes Peas & Carrots Apricots Happy Father's Day!	21 Pork Tenderloin Mashed Potatoes w/ Gravy Green Beans Applesauce	22 Pepperoni Pizza Tossed Salad Brussel Sprouts Mandarin Oranges	23 Chicken Tenders Brown Rice Carrots Pears	24 Stuffed Baked Potatoes Corn Sliced Apples Wheat Bread
27 Bacon Frittata Cherry Tomatoes Peaches Biscuit	28 Grilled Chicken Sandwich Sweet Potato Fries Cali Blend Veggies Pears	29 Bourbon Pork Chops Mashed Potatoes Green Beans Fruit Cocktail	30 Steak Teriyaki White Rice Broccoli Pineapple	

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.