



PICCOA June Menu



Congregate meals served Sunday - Thursday. Closed Friday & Saturday
 Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.
 The meal cost is \$6.00 per person under 60.

Sunday Congregate

Monday-Thursday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm
Posen Center: Soup at 3 pm, Meal at 4:00 pm

Both Centers: Soup at 4 pm, Meal at 4:30 pm

MONDAY HDM	
Cold Meals	Hot Meals
SUN	MON
1 Baked Chicken Boiled Potatoes Corn Pears Tossed Salad Dinner Roll	2 Baked Ravioli California Blend Green Beans Tropical Fruit Bread Sticks
8 Spaghetti Green Beans Peas and Carrots Peaches Tossed Salad Bread Sticks	9 Country Fried Steak Potatoes Carrots Mixed Fruit Corn Bread
15 Pot Roast Potatoes California Blend Cherries Tossed Salad Dinner Roll	16 BBQ Chicken Sweet Potatoes Mixed Vegetables Mandarin Oranges Corn Bread
22 Pork Roast Boiled Potatoes Baked Beans Pineapple Tidbits Tossed Salad Dinner Roll	23 Fish Seasoned Rice Corn Mixed Fruit Bread
29 Pork Steak Potatoes California Blend Applesauce Tossed Salad Dinner roll	30 Goulash Green beans Corn Pears Bread Sticks

WEDNESDAY HDM	
Cold Meals	Hot Meals
TUE	WED
3 Fish Rice Pilaf Beets Apricots Diner Roll	4 Salisbury Steak Mash Potatoes Cauliflower Cherries Tossed Salad Bread
10 Rustic Italian Chicken Red Skin Potatoes Beets Tropical Fruit Dinner Roll	11 BBQ Pork Brussel Sprouts Mixed Vegetables Tossed Salad Biscuit
17 Cooks Special	18 Swiss Steak Parsley Potatoes Beets Applesauce Tossed Salad Bread
24 Beef Stroganoff Noodles Peas Beets Pineapple Dinner Roll	25 Ham Potatoes Carrots Tropical Fruit Bread
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Thursday hot meal + weekend cold/frozen
THU
5 Pork Steak Oven Brown Potatoes Wax Beans Applesauce Bread
12 Baked Chicken Mash Potatoes/Gravy Winter Blend Cherries Tossed Salad Biscuit
19 Cabbage Rolls Potatoes Mix Vegetables Plums Bread
26 Lasagna Corn Green Beans Tossed Salad Pears Bread Sticks
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All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.

Onaway Center: (989) 733-2559

Posen Center: (989) 766-8191