

PICCOA

February

Menu

Federal and state grants cover only a portion of the meals we provide.

Donations are important to PICCOA.

Dinner is a suggested donation of \$2.50 for seniors 60 years and older.

The meal cost is \$5.00 per person under 60.

Sunday	Monday	Tuesday	Wednesday	Thursday
3 Pork Roast Potatoes Northwest Blend Dinner Roll Fruit Salad	4 BBQ Chicken Sweet Potatoes Collard Greens Corn Bread Ambrosia Salad	5 Swedish Meatballs Lima Beans Squash Biscuit Apricots	6 Goulash Broccoli Florets Corn Pears	7 Chop Suey Rice Asparagus Summer Squash Mandarin Oranges
10 Baked Turkey Tossed Salad Green Beans Boiled Potatoes Pineapple	11 Lasagna Peas & Pearl Onions Cauliflower Bread Stick Plums	12 Chicken Alfredo Spinach Carrots Dinner Roll Pears	13 Salisbury Steak Potatoes Peas Wheat Bread Applesauce	14 Fish Crispy Cole Slaw Hashbrowns Corn Bread Plums
17 Pot Roast Potatoes California Blend Bread Sticks Cherries	18 Turkey Burger Sweet Potato Fries Three Bean Salad Applesauce	19 Beef Stroganoff Noodles Peas Beets Dinner Roll Peaches	29 Shepard's Pie Corn Green Beans Wheat Bread Apple Sauce	21 Hawaiian Stir Fry Rice Asparagus Biscuit Tropical Fruit
24 Country Fried Steak Potatoes Mixed Vegetables Dinner Roll Pineapple	25 Sloppy Joe w/ Bun Wax Beans Oven Brown Potatoes Apricots	26 Rustic Italian Chicken Mashed Potatoes Carrots Wheat Bread Fruit Salad	27 Pork Chop Boiled Cabbage Squash Dinner Roll Applesauce	28 Swiss Steak Rice Peas & Pearl Onions Pacific Rim Salad Break Stick

Meals served
Sunday—Thursday
Closed Fridays
& Saturdays.

Weekdays (both centers):

Soup at 4 pm

Meal at 4:30 pm

Sundays in Onaway:

Soup at Noon

Meal at 1 pm

Sundays in Posen:

Soup, salad and dessert at 3pm

Meal at 4 pm

(Soup, salad and dessert sold for an additional \$1.00 with meal only.)

All meals served with bread, margarine and milk according to guidelines

menu subject to change due to food availability.

Rygwelski's IGA

Finest Homemade Sausage

IGA Table-rite Meats

495 South First Street, Rogers City

1-888-KABASA 989-734-3248

Tom's Family Market & Deli

Best meat and produce in town!

Deliveries made daily!

29579 State Street — Onaway

989-733-8229

PHARMACY NOW OPEN MONDAY-FRIDAY 989-733-4106