

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.

Dinner is a suggested donation of \$3.00 for seniors 60 years and older.

Congregate meals being served at the Onaway Center

Sunday:

Soup at Noon, Meal at 1 pm

Monday - Thursday:

Soup at 4 pm, Meal at 4:30 pm

MONDAY HDM		WEDNESDAY HDM		Thursday hot meal + weekend frozen meals
Cold Meal	Hot Meal	Cold Meal	Hot Meal	
SUN	MON	TUE	WED	THU
2 Pork Steak Parsley Potatoes Brussels Sprouts Ambrosia Salad	3 Sloppy Joe w/ Bun Oven Brown Potatoes Cauliflower Apricots	4 Rustic Italian Chicken Red Skin Potatoes, Carrots Tossed Salad Tropical Fruit	5 Meatloaf Seasoned Rice Green Beans Applesauce	6 Swiss Steak Mashed Potatoes Peas Tossed Salad Mixed Fruit
9 Baked Chicken Scalloped Potatoes Corn Tossed Salad Pears	10 Cabbage Roll Boiled Potatoes Baked Beans Mixed Fruit	11 Fish Boiled Potatoes Beets Tossed Salad Apricots	12 Ham Potatoes Carrots Peas Tropical Fruit	13 Pork Steak Oven Brown Potatoes Wax Beans Applesauce
16 Beef Roast Mashed Potatoes/Gravy, Beets Tossed Salad Tropical Fruit	17 Country Fried Steak Potatoes Carrots Mixed Fruit	18 Honey Mustard Chicken Far East Blend Corn Cherries	19 Spaghetti Meat Sauce Noodles Green Beans Peas & Carrots Applesauce	20 Beef Stew Beets Tossed Salad Cherries
23 Baked Ham Boiled Potatoes Baked Beans Pineapple	24 Swiss Steak Beets Parsley Potatoes Applesauce	25 BBQ Pork Brussels Sprouts Corn Fruit Salad	26 Chicken Pot Pie Peas Carrots Applesauce	27 Lasagna Green Beans Corn Tossed Salad Pears



Congregate meals served Sunday - Thursday

Closed Friday & Saturday

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Onaway center::
(989) 733-2559

Tom's Family Market & Deli

*Best meat and produce in town!
Deliveries made daily!*

20597 State Street
Onaway

989-733-8229
PHARMACY OPEN
MONDAY-FRIDAY

PICCOA February Menu