



PICCOA FEBRUARY MENU



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older.**

The meal cost is \$6.00 per person under 60.

Sunday Congregate

Onaway Center: Soup at Noon, Meal at 1:00 pm

Posen Center: Soup at 3 pm, Meal at 4:00 pm

Monday-Thursday Congregate

Onaway Center: Soup at 3 pm, Meal at 4:30 pm

Posen Center:: Soup at 3 pm, Meal at 4:30 pm

Sunday	Monday	Tuesday	Wednesday	Thursday
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♥ *Happy Valentines Day* ♥

1 Maple-Garlic
Marinated Pork Loin
Mashed Potatoes w/
Chives
Broccoli
Applesauce

4 Meatloaf Mashed Potatoes w/ Gravy Corn Pineapple Dinner Roll	5 Pork Pattie Spanish Rice Succotash Blend Apricots Wheat Bread	6 Baked Cod Tater Tots Carrots Fruit Cocktail Wheat Bread	7 BBQ Chicken Breast Oven Browns Baked Beans Mandarin Oranges Wheat Bread	8 Country Fried Steak Mashed Potatoes w/ Gravy Wax Beans Warm Peaches w/ Brown Sugar Biscuit
11 Baked Turkey Stuffing w/ Gravy Green Bean Casserole Fruit Salad Dinner Roll	12 Baked Kielbasa Rice Pilaf Corn Diced Peaches Wheat Bread	13 Beef Stew Cauliflower Diced Pears Biscuit	14 Chicken Pattie On Bun O'Brien Potatoes Brussel Sprouts Pineapple	15 Corn Goulash Diced Beets Carrots Peaches & Pears Wheat Bread
18 Baked Ham Mashed Sweet Potatoes California Blend Cinnamon Applesauce Dinner Roll	19 Salisbury Steak w/ Gravy Mashed Potatoes Corn Wheat Bread	20 Tuna Noodle Casserole Brussel Sprouts Cauliflower Tropical Fruit Biscuits	21 Sweet & Sour Chicken White Rice Carrots Peaches Dinner Roll	22 Sloppy Joe On Bun Red Skin Potatoes Scandinavian Blend Apricots
25 Spaghetti w/ Meatballs Broccoli Mandarin Oranges Breadstick	26 Pork Chop Suey Roasted Potatoes Corn Pears Biscuit	27 Cabbage Rolls Boiled Potatoes Green Beans Fruit Cocktail Dinner Roll	28 Ginger Chicken White Rice Succotash Blend Applesauce Wheat Bread	

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.