



Presque Isle Co. Council on Aging Menu



Menu 7-10

December 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----



					1 Pork Steak Noodles Beets Applesauce	Rygwelski's IGA Finest Homemade Sausage IGA Tablerite Meats 495 S. First Street Rogers City, MI. 49779 1-888-KABASA 989-734-3248 
4 Roast Beef Boiled Potatoes Carrots Pears	5 Hamburger Stroganoff Noodles Mixed Veg. Coleslaw Pineapple	6 BBQ Pork Oven Brown Potatoes Peas Pears	7 Cook's Choice	8 Chicken Breast Rice Green Beans Tossed Salad Tropical Fruit		
11 Turkey Mashed Potatoes Squash Cranberries Tossed Salad	12 Goulash Peas & Carrots Apricots Carrot/Raisin Salad	13 Meatloaf Mashed Potatoes Wax Beans Peaches	14 Pork Chops Oven Brown Potatoes Winter Blend Coleslaw Applesauce	15 Cook's Choice		
18 Pork Roast Boiled Potatoes Beets Strawberries	19 Fish Parsley Potatoes Wax Beans Peaches	20 Beef Stroganoff Noodles Broccoli Carrot/ Raisin Salad Applesauce	21 Salisbury Steak Scalloped Potatoes Beets Pineapple	22 Hamburger Steak American Fries Winter Blend Pears	Tom's Family Market & Deli Best Meat and Produce in Town Deliveries Made Daily 29579 State St. Onaway, MI. 49765 989-733-8229 Pharmacy Mon.-Fri. 989-733-4106	
25 Closed for Christmas Re-open on Mon day Jan. 2nd, 2012	<p>Federal and State dollars only cover a portion of the meals we provide. Donations are important to PICCOA. Dinner is a suggested donation of \$2.50 for 60 and over. The meal cost is \$5.00 for under 60. Menu subject to change due to availability of food. Week day meals Begin with Soup at 4:00 and the meal at 4:30 pm both centers.</p> <p>Sunday: Onaway Soup at 12, meal at 1pm.</p> <p>Posen Soup, Salad & Dessert Bar at 3 pm, meal at 4 pm</p>					