



PICCOA DECEMBER MENU



Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.
The meal **cost** is **\$6.00** per person **under 60**.



Please call to reserve your meal a day in advance or no later than **12 pm** the day of.
Posen Center @ 989-766-8191 or Onaway Center @ 989-733-2559.



Sunday Congregate: Soup and Salad @ 12:30 pm, Dinner @ 1:00 pm

Monday-Thursday Congregate: Soup @ 3:30 pm, Dinner @ 4:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
				1 Baked Cod Potato Wedges Zucchini Cinnamon Applesauce
4 Lasagna Peas & Pearl Onions Pineapple	5 Beef Fajitas Side Salad Tropical Fruit	6 Chicken & Vegetable Stir-fry White Rice Broccoli Pears	7 Cheese Ravioli w/ Sauce Zucchini & Summer Squash Applesauce	8 Chicken & Dumplings Peas & Carrots Peaches Wheat Bread
11 Beef Roast Mashed Potatoes w/ Gravy Yellow Squash Pears	12 Chicken Parmesan Carrots Fruit Cocktail Wheat Bread	13 Breaded Pork Chops Mashed Potatoes Green Beans Apricots	14 Swedish Meatballs Egg Noodles Peas & Carrots Applesauce	15 Goulash California Blend Veggies Peaches
18 Hot Turkey Sandwich Mashed Potatoes Carrots Mixed Fruit	19 Breakfast Bake Stewed Tomatoes Tropical Fruit	20 Herbed Pork Loin Parsley Noodles Corn Pineapple Wheat Bread	21 Sloppy Joe Oven Roasted Potatoes Caribbean Veggies Mandarin Oranges	22 Christmas Dinner Baked Ham Mashed Sweet Potatoes Cauliflower Mixed Fruit Christmas Dessert Dinner Roll
25  CLOSED	26  CLOSED	27 Chicken ala King Green Beans Mandarin Oranges Biscuit	28 Country Fried Steak Mashed Potatoes w/ Gravy Peas & Carrots Apricots Dinner Roll	29 Chicken Tenders Mac & Cheese Winter Blend Veggies Apple Slices

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.