



# POSEN DECEMBER MENU



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.

## —Posen Center Meal Times—

**Sunday Congregate: Soup and Salad at 3:00 pm, Meal at 4:00 pm**

**Monday—Thursday Congregate: Soup at 3:00 pm, Meal at 4:30 pm**

Sunday	Monday	Tuesday	Wednesday	Thursday
2 Pork Roast Mashed Potatoes Corn Applesauce Dinner Roll	3 Cabbage Rolls Brussel Sprouts Red Bliss Potatoes Peaches	4 Pork Patty Baked Potato Cauliflower Fruit Cocktail	5 Meatloaf Egg Noodles Green Beans Mandarin Oranges	6 Chicken Pot Pie Corn Broccoli Fruit Cocktail
9 Lasagna Peas & Pearl Onions Cauliflower Pineapple	10 Pork Chop Brown Rice w/ Gravy Green Beans Tropical Fruit Wheat Bread	11 Baked Ham & Scalloped Potatoes Green Beans Applesauce Wheat bread	12 Baked Chicken Mashed Potatoes Broccoli Pears Wheat Bread	13 <b>In-Service Staff Training</b>  <b>CLOSED</b>
16 Beef Roast Mashed Potatoes w/ Gravy Peas Pears Dinner Roll	17 Baked Cod Tater Tots Carrots & Peas Fruit Cocktail Wheat Bread	18 BBQ Chicken White Rice Carrots Peaches	19 Spaghetti Broccoli Corn Mandarin Oranges Breadstick	20 Turkey Casserole Beets Green Beans Pineapple Wheat Bread
23 Plath's Polish Sausage Sauerkraut Sweet Potatoes Green Bean Casserole Fruit Salad Haystacks	24  <b>CLOSED Christmas Eve</b>	25  <b>CLOSED Christmas Day</b>	26 Chicken Ala King Baked Potato California Blend Tropical Fruit	27 Hamburger Oven Roasted Potatoes Green Beans Apricots Wheat Bun
30 Baked Chicken 1/4s Mashed Potatoes w/ Gravy Broccoli Peaches	31  <b>CLOSED New Year's Eve</b>			

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

**Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.**



# ONAWAY DECEMBER MENU



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.

## — Onaway Center Meal Times —

**Sunday Congregate: Soup and Salad at 12:00 pm, Meal at 1:00 pm**

**Monday—Thursday Congregate: Soup at 3:00 pm, Meal at 4:30 pm**

Sunday	Monday	Tuesday	Wednesday	Thursday
2 Baked Ham Sweet Potatoes California Blend Cinnamon Applesauce Dinner Roll	3 Salisbury Steak Mashed Potatoes Broccoli & Cauliflower Pineapple	4 Tuna Casserole Brussel Sprouts Tropical Fruit	5 Baked Chicken Breast Baked Potato Corn Plums	6 Hamburger Oven Roasted Potatoes Green Beans Apricots Wheat Bun
9 Baked Chicken 1/4s Baked Potato Sour Cream & Chives Green Beans Peaches	10 Country Fried Steak Mashed Potatoes w/ Gravy Brussel Sprouts Mandarin Oranges	11 Roast Turkey Egg Noodles Broccoli Pineapple Wheat Bread	12 Goulash California Blend Pears	13 <b>In-Service Staff Training</b>  <b>CLOSED</b>
16 Pork Roast Mashed Potato Corn Applesauce Dinner Roll	17 Open Face Roast Beef Sandwich Wax Beans Tropical Fruit	18 Cabbage Rolls Boiled Potato Peaches	19 Chicken Pot Pie Broccoli Plums	20 Meatloaf Egg Noodles Green Beans Tropical Fruit
23 Baked Ham Sweet Potatoes Green Beans Pineapple Apple Pie	24 <b>CLOSED Christmas Eve</b>	25 <b>CLOSED Christmas Day</b>	26 Italian Baked Chicken Mashed Potato Carrots Pears Wheat Bread	27 Lasagna Italian Blend Veggies Spinach Pineapple Breadstick
30 Beef Roast Mashed Potatoes w/ Gravy Peas Pears Dinner Roll	31 <b>CLOSED New Year's Eve</b>	<p><b>Don't forget to reserve your dinner!</b></p> <p>If you know you will be attending dinner throughout the week please call NO LATER than 11:00 am. If you plan on attending Sunday's dinner please call anytime Mon-Thurs before 5:00 pm. — Walk-ins are still welcome —</p> <p><b>To Reserve Your Dinner Please Call (989) 733-2559.</b></p>		

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