



PICCOA August Menu



Congregate meals served Sunday - Thursday. Closed Friday & Saturday

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older.**

The meal **cost** is **\$6.00** per person **under 60.**

Sunday Congregate	Monday-Thursday Congregate
<u>Onaway Center:</u> Soup at Noon, Meal at 1:00 pm <u>Posen Center:</u> Soup at 3 pm, Meal at 4:00 pm	<u>Onaway Center:</u> Soup at 3 pm, Meal at 4:30 pm. <u>Posen Center:</u> Soup at 3 pm, Meal at 4:30 pm.

Sunday	Monday	Tuesday	Wednesday	Thursday
		1 BBQ Pulled Pork on Bun Oven Roasted Potatoes Corn Diced Pears	2 Kielbasa & Sauerkraut Boiled Redskins Mixed Veggies Apricots Wheat Bread	3 Hamburger on Bun French Fries Baked Beans Fruit Cocktail
6 BBQ Chicken 1/4's Roasted Potatoes Baked Beans Watermelon Dinner Roll	7 Baked Cod O'Brien Potatoes Carrots Tropical Fruit Cornbread	8 Country Fried Steak Mashed Potatoes w/ Gravy Wax Beans Peaches Biscuit	9 Ravioli Corn Prince Charles Blend Plums Breadstick	10 Pork Patties Tater Tots Mandarin Oranges Diced Beets Wheat Bread
13 Swedish Meatballs Mashed Potatoes W/ Gravy Green Beans Strawberries Dinner Roll	14 Breaded Pork Chops Mashed Potatoes w/ Sour Cream & Chive Brussel Sprouts Applesauce Wheat Bread	15 Chicken Ranch Wrap 3 Bean Salad Potato Salad Fruit Cocktail	16 Corn Goulash Peas Peaches Cornbread	17 Hotdog on Bun Tater Tots Cole Slaw Watermelon
20 Baked Ham Sweet Potatoes Steamed Broccoli Applesauce Dinner Roll	21 Chicken Pot Pie Wax Beans Diced Beets Tropical Fruit	22 Meatloaf Mashed Potatoes w/ Parsley Peas & Carrots Apricots Wheat Bread	23 Open Face Turkey Sandwich Stuffing w/ Gravy Green Beans Peaches	24 Pineapple Chicken Breast White Rice Carrots Fruit Cocktail Dinner Roll
27 Beef Roast Mashed Potatoes w/ Gravy California Blend Mixed Melon Dinner Roll	28 Baked Cod Tater Tots Succotash Blend Mandarin Oranges Wheat Bread	29 Sweet & Sour Chicken White Rice Pineapple Dinner Roll	30 Chicken Bowtie Pasta Asparagus Diced Pears Wheat Bread	31 Beef Stroganoff W/ Egg Noodles Wax Beans Diced Beets Plums Dinner Roll

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.