

Presque Isle Co. Council on Aging Menu

August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
-----	-----	-----	-----	-----	-----	-----

Menu Subject to Change due to Availability of food..
Soup Daily at 4:00 pm

Hot Dogs Buns Oven Brown Potatoes Carrots Strawberries	1	Crispy Chicken Mashed Potatoes Winter Blend Tropical Fruit	2	Hamburger w/Bun Macaroni Salad Pineapple 3 Bean Salad	3	Pork Ribettes AuGratin Potatoes Peas Coleslaw Mandarin Oranges	4
--	---	---	---	--	---	--	---

Chicken Breast Mashed Potatoes Squash Tropical Fruit	7
---	---

Fish Baked Potatoes Stewed Tomatoes Pears	8
--	---

Meatloaf Seasoned Rice Peas Tropical Fruit Tossed Salad	9
---	---

Cooks Choice	10
--------------	----

Cabbage Rolls Mixed Veg. Pears Tossed Salad	11
--	----

Rygwelski's IGA
Finest Homemade Sausage
IGA Tablerite Meats
495 S. First St.
Rogers City, MI 49779
1-888-KABASA
989-734-3248

Ham Mashed Potatoes Beets Fruit Cocktail	14
---	----

Chicken Sandwich Bun Tossed Salad Green Beans Applesauce	15
--	----

Chile Dog F.F. Potatoes Corn Apricots Tossed Salad	16
--	----

Sausage Boiled Potatoes Sauerkraut Plums	17
---	----

Lasagna Mixed Veg. Coleslaw Peaches	18
--	----

Tom's Family Market & Deli
Best Meat and Produce in Town
Deliveries Made Daily
29579 State St.
Onaway MI. 49765
989-733-822
Pharmacy 733-4106

BBQ Chicken Parsley Potatoes Winter Blend Fruit Cocktail	21
--	----

Chop Suey Rice Broccoli Pears	22
--	----

Porcupine Meatballs Boiled Potatoes Calif. Blend Fruit Cocktail	23
---	----

Chicken Salad on Lettuce Bread Sticks Vegetable Soup Watermelon	24
--	----

Beef Stew Green Beans Applesauce Tossed Salad Biscuits	25
--	----

Swiss Steak Oven Brown Potatoes Carrots Plums Coleslaw	28
--	----

Turkey Noodle Casserole Beets Mandarin Oranges Tossed Salad	29
--	----

Pork Chops Mashed Potatoes Green Beans Peaches	30
---	----

Swedish Meatballs Noodles Broccoli Salad Applesauce	31
---	----

Federal and State Dollars only Cover a Portion of the meals. Donations are important to PICCOA. Dinner is a suggested donation of \$2.50 for 60 and over. The Meal cost is \$5.00 for under 60.

PICCOA appreciates your support.
www. piccoa. org.