



PICCOA April Menu





Sunday:

Posen
Soup at 3 pm,
Meal at 4:00 pm

Onaway
Soup at Noon
Meal at 1:00 pm

Monday - Thursday:

Both Centers
Soup at 4 pm, Meal at 4:30 pm

MONDAY HDM		WEDNESDAY HDM		Thursday hot meal + weekend frozen meals
Cold Meal	Hot Meal	Cold Meal	Hot Meal	
SUN	MON	TUE	WED	THU
		1 Rustic Italian Chicken Red Skin Potatoes, Carrots Tossed Salad Tropical Fruit	2 Meatloaf Seasoned Rice Green Beans Applesauce	3 Swiss Steak Mashed Potatoes, Peas Tossed Salad Mixed Fruit
6 Baked Chicken Scalloped Potatoes. Corn Tossed Salad Pears	7 Cabbage Roll Boiled Potatoes Baked Beans Mixed Fruit	8 Fish Boiled Potatoes Beets Tossed Salad Apricots	9 Ham Potatoes Carrots Peas Tropical Fruit	10 Pork Steak Oven Brown Potatoes Wax Beans Applesauce
13 Beef Roast Mashed Potatoes/Gravy, Beets Tossed Salad Tropical Fruit	14 Country Fried Steak Potatoes Carrots Mixed Fruit	15 Honey Mustard Chicken Far East Blend Corn Cherries	16 Spaghetti Meat Sauce Noodles Green Beans Peas & Carrots Applesauce	17 Beef Stew Beets Tossed Salad Cherries
20 Easter Sunday --Closed--	21 Swiss Steak Beets Parsley Potatoes Applesauce	22 BBQ Pork Brussels Sprouts Corn Fruit Salad	23 Chicken Pot Pie , Peas Carrots Applesauce	24 Lasagna Green Beans Corn Tossed Salad Pears
27 Pork Steak Potatoes Peas Applesauce	28 Fish Seasoned Rice Corn Tossed Salad Mixed Fruit	29 Baked Ravioli California Blend Green Beans Tropical Fruit	30 Cabbage Rolls Potatoes Mixed Vegetables Plums	

Federal and state grants cover only a portion of the meals we provide.

Donations are important to PICCOA.

Dinner is a suggested donation of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60.

Congregate meals served Sunday - Thursday

Closed Friday & Saturday

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Posen center:
(989) 766-8191

Onaway center:
(989) 733-2559