



# POSEN APRIL MENU


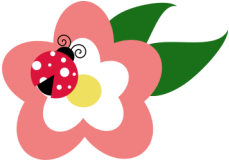





Congregate meals for pick-up, Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors **60 years and older**.

The meal **cost** is \$6.00 per person **under 60**. To contact the Posen Center please call 989-766-8191.

**— Posen Center Meal Times —**  
Sunday-Thursday **PICK UP ONLY**  
12:00 pm– 1:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
				<sup>1</sup> <b>EASTER DINNER</b> Baked Ham Mashed Sweet Potatoes Asparagus Dinner Roll
<sup>4</sup> <b>CLOSED</b> 	<sup>5</sup> Beef Shepherd's Pie Mashed Potatoes Corn Applesauce	<sup>6</sup> Meatloaf Parmesan Noodles Prince Charles Veggies Mandarin Oranges	<sup>7</sup> Italian Baked Chicken Hashbrown Cubes Broccoli & Cauliflower Pears	<sup>8</sup> Roasted Pork Tenderloin Mashed Potatoes Corn Apple Slices
<sup>11</sup> BBQ Chicken 1/4's Brown Rice Carrots Mixed Fruit	<sup>12</sup> Beef and Broccoli White Rice Cauliflower Peaches	<sup>13</sup> Country Fried Steak w/ Gravy Mashed Potatoes Peas & Carrots Grapes	<sup>14</sup> Tuna Noodle Casserole Wax Beans Fruit Cocktail	<sup>15</sup> Ground Beef Stroganoff Egg Noodles Capri Veggies Diced Peaches Wheat Bread
<sup>18</sup> Lasagna Tossed Salad Cauliflower Pineapple	<sup>19</sup> Baked Ham Sweet Potatoes Beets Tropical Fruit	<sup>20</sup> Chicken Alfredo Broccoli Mixed Fruit	<sup>21</sup> Chicken Tenders Mashed Potatoes Baby Carrots	<sup>22</sup> Breaded Fish Tater Tots Cali Blend Veggies Diced Pears
<sup>25</sup> Beef Roast Mashed Potatoes W/ Gravy Yellow Squash Diced Pears Dinner Roll	<sup>26</sup> Parmesan Cod Parsley Noodles Broccoli Fruit Cocktail	<sup>27</sup> Honey Glazed Pork Chop Mashed Sweet Potatoes Green Beans	<sup>28</sup> Baked Spaghetti Cauliflower Red Grapes Breadstick	<sup>29</sup> Chicken and Biscuits Peas Applesauce

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

**Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.**



# ONAWAY APRIL MENU



Congregate meals for pick-up, Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60. To contact the Onaway Center please call 989-733-2559.

— Onaway Center Meal Times —  
 Sunday-Thursday PICK UP ONLY  
 12:00 pm– 1:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			<b>1 EASTER DINNER</b> Pork Roast Mashed Potatoes w/ Gravy Corn Applesauce	
4  <b>CLOSED FOR EASTER</b>	5 Baked Cod Potato Medley Wax Beans Tropical Fruit	6 Swedish Meatballs w/ Egg Noodles Carrots Peaches	7 Chicken Pot Pie Mandarin Oranges Broccoli	8 Meatloaf Mashed Potatoes w/ Gravy Green Beans Tropical Fruit
11 Lasagna Spinach Pineapple Dinner Roll	12 Pork Chops Roasted Potatoes Green beans Applesauce Wheat Bread	13 Ham & Scalloped Potatoes Peas & Pearl Onions Applesauce Wheat Bread	14 Chicken Patty Tater Tots Carrots Fruit Cocktail Wheat Bun	15 Beef Stroganoff w/ Egg Noodles Wax Beans Peaches Wheat Bread
18 Beef Roast Mashed Potatoes w/ Gravy Peas Pears Dinner Roll	19 Garlic Ginger Chicken Breast White Rice Prince Charles Peaches	20 Lemon Baked Cod Tater Tots Carrots Fruit Cocktail Wheat Bread	21 Spaghetti w/ Meat Sauce Broccoli Mandarin Oranges Dinner Roll	22 BBQ Pulled Pork Sandwich Cauliflower Pineapple Wheat Bun
25 Baked Ham Candied Sweet Potatoes California Blend Cinnamon Applesauce	26 Chicken Bowtie Pasta Brussel Sprouts Tropical Fruit Wheat Bread	27 Salisbury Steak Mashed Potatoes w/ Gravy Corn Pineapple	28 Lemon Pepper Chicken Baked Potato Carrots Peaches	29 Goulash California Blend Veggies Pears

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.