



POSEN APRIL MENU



Congregate meals for pick-up Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal **cost** is \$6.00 per person **under 60**. To contact the Posen Center please call 989-766-8191.

Sunday – Thursday : Congregate pick up times 12:00pm-1:30pm
Please call to reserve your meal a day in advance or no later than 10:00 am the day of.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Pork Tenderloin Brown Rice Spinach Fruit Parfait Wheat Bread	2 Baked Chicken Mashed Potatoes Broccoli Pears Wheat Bread
5 Roast Pork Mashed Potatoes Corn Applesauce Dinner Roll	6 Chicken and Dumplings Green Peas California Blend Tropical Fruit	7 Country Fried Steak w/ Gravy Mashed Potatoes Beets Mandarin Oranges	8 Homemade Goulash Corn California Blend Diced Pears	9 Ginger Chicken Wild Rice Green Beans Apple Slices Wheat Bread
 CLOSED	13 Cabbage Casserole Roasted Yellow squash Red Bliss Potatoes Peaches	14 Meatloaf Egg Noodles Green Beans Mandarin Oranges	15 Italian Baked Chicken Brown Rice Vinegar Coleslaw Fruit Cocktail	16 Pork Chop Oven Roasted Potatoes Zucchini Squash Cinnamon Applesauce
19 Lasagna Peas & Pearl Onions Cauliflower Pineapple	20 Breaded Fish Parmesan Noodles Beets Grapes Wheat Bread	21 Chicken & Broccoli Casserole Roasted Carrots Tropical Fruit	22 Hamburger Steak Fries Green Beans Apricots	23 Beef Stroganoff Egg Noodles Capri Veggies Diced Peaches Wheat Bread
26 Beef Roast Mashed Potatoes Roasted Squash Diced Pears Dinner Roll	27 Baked Cod Black Beans & Rice Broccoli Fruit Cocktail Wheat Bread	28 Honey Glazed Pork Chop Wild Rice Green Beans Pineapple Chunks	29 Baked Spaghetti Caribbean Veggies Mandarin Oranges Breadstick	30 BBQ Chicken Breast Tater Tots Carrots Peaches

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.



ONAWAY APRIL MENU



Congregate meals for pick-up Sunday - Thursday.

Dinner is a suggested *donation* of \$3.00 for seniors 60 years and older.

The meal cost is \$6.00 per person under 60. To contact the Posen Center please call 989-766-8191.

Sunday—Thursday : Congregate pick up times 12:00pm-1:30pm
Please call to reserve your meal a day in advance or no later than 10:00 am the day of.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Italian Baked Chicken Breast Mashed Potatoes w/ Gravy Carrots Pears	2 Hotdog Potato Salad Baked Beans Tropical Fruit Wheat Bun
5 Beef Roast Mashed Potatoes w/ Gravy Peas & Pearl Onions Pears Dinner Roll	6 Garlic Ginger Chicken Breast White Rice Prince Charles Blend Peaches	7 Baked Cod Tater Tots Carrots Fruit Cocktail Wheat Bread	8 Goulash Green beans Pears Breadstick	9 BBQ Pulled Pork Sandwich Tater Tots Cauliflower Peaches Wheat Bun
12  CLOSED	13 Chicken Salad Wrap Potato Salad Cucumber Slices Strawberries	14 Salisbury Steak Mashed Potatoes w/ Gravy Broccoli & Cauliflower Pineapple	15 Baked Chicken Breast Baked Potato Beets Berry Blend	16 Sloppy Joe Potato Medley Wax Beans Peaches Wheat Bun
19 BBQ Chicken 1/4's Potato Salad Green Beans Fresh Melon Dinner Roll	20 Country Fried Steak w/ Gravy Mashed Potatoes Brussel Sprouts Mandarin Oranges	21 Ham & Cheese on Bun Macaroni Salad Tossed Salad Watermelon	22 Chicken Parmesan Broccoli Mandarin Oranges Broccoli Breadstick	23 Beef Tips Egg Noodles Peas & Carrots Peaches Cornbread
26 Pork Roast Mashed Potato w/ Gravy Corn Applesauce Dinner Roll	27 Open Face Roast Beef Sandwich Wax Beans Fruit Cocktail	28 Cabbage Casserole Redskin Potatoes Peaches	29 Chicken Pot Pie Broccoli Berry Blend	30 Meatloaf Mashed Potatoes w/ Gravy Fresh Melon Wheat Bread

All meals served with bread, margarine and milk according to guidelines.

Menu subject to change due to food availability.

Federal and state grants cover only a portion of the meals we provide. Donations are important to PICCOA.